



Government Publicat:

# PROVINCE OF ONTARIO

2 Commission and committees of inquiry

THE MEDICAL SERVICES INSURANCE ENQUIRY

Proceedings of the Public Hearings held at the Galbraith Building, University of Toronto, Toronto, Ontario, at 10:00 a.m. on Tuesday, January 7th, 1964.

VOLUME

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DATE

January 7, 1964



VERBATIM REPORTING SERVICE OFFICIAL REPORTERS TORONTO, ONTARIO

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TORONTO, ONTARIO

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8	MEMBERS OF ENQUIRY:				
9	Dr. J. GERALD HAGEY Chairman				
10	Mrs. J.A. AYLEN				
11	Dr. WILLIAM BUTT				
12	Miss HELEN CARPENTER				
13	Mr. DALTON J. CASWELL				
14	Mr. A. ROY COULTER				
15	Dr. R.J. GALLOWAY				
16	Dr. JOHN HAMILTON				
17	Mr. W.S. MAJOR				
18	Miss HELEN McARTHUR				
19	Mr. P.J. MULROONEY				
20	Mr. CARMAN A. NAYLOR				
21	Mr. HARRY SIMON				
22	Mr .I T. WHITTNEY				
23	Mn I F MIIDNED Secretary				
24	Schoffeld, who is a member of the Health Section the Soci				
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	Mr. L.E. TURNER Secretary	23	
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--- Upon commencing at 10:00 a.m.

THE CHAIRMAN: There is a statement which is more or less instruction there on the table. Have you had an opportunity to see those previously?

DR. WALMSLEY: Just starting to read them sir.

THE CHAIRMAN: Dr. Walmsley you may like to introduce those who are appearing here with you. If so, please feel at liberty to do so.

The members of the Enquiry have read your brief and we would be pleased to hear any further comments that you wish to be considered.

DR. WALMSLEY: I am Dr. Walmsley, Chairman of the Health Section of the Social Planning Council of Metropolitan Toronto and Mr. Ross Dunn, who is Vice-Chairman, Board of Directors, of the Social Planning Council. Mr. Lawson is here. He is the Chairman of the Board of Directors of the Social Planning Council and Mrs. Dalman who is a staff member of the Social Planning Council.

THE CHAIRMAN: It is not necessary for you to stand up. Just make yourself comfortable there and feel free to proceed.

DR. WALMSLEY: One more member here sir. Dr. Schofield, who is a member of the Health Section of the Social Planning Council of Metropolitan Toronto.



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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

## BRIEF SUBMITTED BY THE SOCIAL PLANNING COUNCIL

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Appearances: Mr. Harold Lawson, President,

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TAB CHA Mr. Ross Dunn, Q.C., Jacobsen Challe

Dr. T. Schofield.

DR. WALMSLEY: Mr. Chairman, members of the Medical Insurance Service Enquiry, the Committee of the Social Planning Council of Metropolitan Toronto greatly appreciates this opportunity to present this brief to your Committee today.

The Special Committee that was set up by the Social Planning Council to examine the proposed Medical Service Insurance Act examined not only the contents of the Act, but also examined it from the point of view of what is not included in the Act. The review, of course, was also limited by the fact that the regulations under the Act were not available for study.

There are two or three additions and changes to the brief that was submitted to you sir in November. I would like to call your attention to them at this time, if I may. In the introduction and summary under item 4 it was pointed out that in error we had called it the Ontario Hospital Insurance Act Bill 165. It is corrected to Ontario Hospital Services Commission Act.

In the brief itself, on page 4 under item 12 there is a five line remark on article three of the exemptions.



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This has been expanded slightly and we have delivered to Mr. Secretary of the Enquiry copies of this addition which he is handing out at this time.

THE CHAIRMAN: It is not a replacement. This is an addition?

DR. WALMSLEY: This is an addition to those remarks, yes. I beg your indulgence further sir. Item 13 under recommendations in regard to this exemption, we have changed the reading. "It is recommended that care should be taken in the implementation of the Medical Service Insurance Act to assure that there is no detrimental effect on existing public services." We have changed this to read that there is no detrimental effect on existing health services available to the public.

Because of the brief nature of our brief, Mr.

Chairman, it had been our original plan to read it through,
as it took some twelve minutes and then to be available for
questioning but I do see from your statement that this is not
required and we can go ahead and reemphasize certain items, if
you wish, or if you wish to place your questions at this time--

THE CHAIRMAN: I know that there are several members of the Enquiry who have questions to ask and I think probably you will find from some of the questions that you will be asked that they have studied the brief and unless you have something to add to it, I do not think it will be necessary to



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take the time to read it. Is that satisfactory to you?

DR. WALMSLEY: Fine sir.

THE CHAIRMAN: Mrs. Aylen?

MRS. AYLEN: Thank you Mr. Chairman. I have a few questions I would like to ask and the first one is at the bottom of page 3, item 11 you recommend that article one of the exemptions which excludes annual or periodic health examination be deleted. What, in your opinion, could a periodic health examination consist of? How extensive do you think it should be?

DR. WALMSLEY: I think it should be as extensive as reasonable for a well-trained family physician to carry out, with certain limited laboratory facilities available to him.

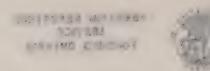
This is not the sort of thing that you are thinking about, that someone enters hospital for two days. This must be carried out all throughout the Province. This sort of examination that is carried out at the present time in many departments of industry and other areas generally involves approximately forty-five minutes to an hour of the physician's time.

MRS. AYLEN: In the case of not having the facility to carry on this diagnostic procedure, do you think that would prevent people from getting the proper diagnosis?

DR. WALMSLEY: I think this certainly is a

24 restriction.

MRS. AYLEN: Thank you very much. On page five,



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Thank you Mr. Chairman. I have a few questions I would like to ask and the first one is at the bottom of page 3, item 11 you recommend that article one of the exemptions which excludes annual or periodic health examination be deleted. What, in your opinion, could a periodic health examination consist of? How extensive do you think it should be?

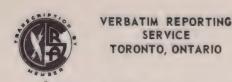
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the item on home care you say here that "The experimental home care programme in Toronto has demonstrated the worth of such a programme and pointed out a widespread need for this type of care." Now do you think this would be difficult to control? How would you suggest that this plan be organized? Through hospitals or through another agency?

DR. WALMSLEY: Well this is something that would need to be worked out. I think that presently the one carried out in Toronto is in Toronto City itself and has been set up and supervised by a Special Committee. The cases for early discharge and home care have been reviewed by the two hospitals involved in the study, and there have been available, of course, agency workers and social workers as well. Certainly the services they would need — they would need to be serviced by visiting home nursing personnel. Visiting home nursing personnel would have to be available.

MRS. AYLEN: Do you think this would be possible in smaller communities?

DR. WALMSLEY: I think it would be researched in the way it could be carried out. There may be a limitation but certainly we were able to establish health units permanently, full time qualified personnel throughout the Province which extends into all areas, and I feel that this certainly could be investigated and ways and means to carry out such a programme in a rural area could be researched perhaps through the existing



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health units.

MRS. AYLEN: Do you feel that under this bill that this could be feasible?

DR. WALMSLEY: I think that this is something that should be considered when such a bill is drawn up.

MRS. AYLEN: Mr. Chairman, I have a few other questions but I believe some of the other members have questions to ask, so I think perhaps I will wait. Thank you very much.

THE CHAIRMAN: Dr. Butt?

DR. BUTT: Just following this question which has been asked on the home care, I think our hospital initiated home care, in Mount Sinai and Toronto Western Hospital. These are the two you are referring to. Is that correct?

DR. WALMSLEY: Yes.

DR. BUTT: And they started when? In September

DR. WALMSLEY: Yes.

DR. BUTT: Can you give us any more details on whether you feel this rightly comes under the O.H.S.C., the Ontario Hospital Services Commission Act or should include the proposed bill 163?

DR. WALMSLEY: Probably should come under the
Ontario Hospital Services Act but that would have to be thought
about when the Medical Services Insurance Act was finally drawn
up because of the question of personnel involved and service



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rendered by them.

DR. BUTT: Well the Physician Services under 163 are covered for those cases in which they are visiting the people in the home.

DR. WALMSLEY: That is right.

DR. BUTT: I don't think there is any question about that so that really what you want is an extension of these services, nursing home care, and so on?

DR. WALMSLEY: That is right.

DR. BUTT: You feel this would be a help, as
I read your article, the same as it had been outlined but this
still comes under O.H.S.C.? Is that not part of their plan?

DR. WALMSLEY: Yes, it does, but still there are personnel that may be left. These are professional health personnel, visiting nurses and so on.

DR. BUTT: You feel then that Bill 163 does cover visiting nurses, and so forth. Is this what I am to gather?

DR. WALMSLEY: It does not at the present time, no sir.

DR. BUTT: But you would like it to be?

DR. WALMSLEY: I think that these people should be considered once a bill is drawn up because of the increase on their services.

DR. BUTT: You feel that this visiting personnel

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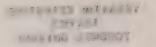
should rather be under Bill 163 than the O.H.S.C.? I am trying to figure out just whether we can---

DR. WALMSLEY: I don't think it really matters sir. I think we are concerned that they are out, not in.

DR. BUTT: That such a thing is covered. Fine. I think that is the main one I have on that point. Then you say: "...to assure that it guarantees the actual cost of services purchased from voluntary organizations." Now that is at the top of page 6 and has to do with the strengthening of the voluntary health movement. If it is a voluntary health organization are you talking about Government participation in this particular field or what?

DR. WALMSLEY: Yes. For instance, in the visiting nursing service, if I might amplify on that sir, I might quote from our Needs and Resources of the Social Planning Council, page 122: "In the last ten years, despite the marked increases in Metropolitan Toronto's population, there has been a reduction in the number of nurses employed by the visiting nursing agencies, due to a shortage of funds. In this period the number of persons with chronic illnesses requiring long-term nursing care have increased. The medical home care program, recommended in the section on Health Services, and the present policy of early discharge

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demand for service. This gives greater urgency to implementing enabling legislation for government support in all municipalities in Metropolitan Toronto. Recruitment of professional staff is a constant problem in this service as in other fields.

Visiting nurses services are currently
being provided in some municipalities of Metropolitan Toronto under The Homemakers and Nurses
Services Act. The services of a nurse may be
furnished under this Act on the basis of home
visits to a person who is elderly, handicapped,
ill, or convalescent, where a physician certifies
that such services are necessary to enable the
person to remain in his own home or to make possible
his return to his home from a hospital or other
institution.

The provincial regulations permit a municipality to purchase nursing services from a voluntary agency. The Province will reimburse the municipality for 50 per cent of the net cost not exceeding \$1.25 a visit. Patients' fees are based on ability to pay. The municipalities implementing this section of the Act have matched the provincial payments. The total government payments

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are substantially lower than the actual cost 2 of service. " 3 DR. BUTT: Your last statement the total Government payments are less than the actual costs? 4 5 DR. WALMSLEY: That is right. DR. BUTT: And there are two organizations? 6 7 Elizabeth, V.O.N. What about the Public Health Nurse? 8 DR. WALMSLEY: They are not included in there. 9 Under Municipal Government money they are fully taken care of. 10 DR. BUTT: And you are not referring to the other 11 things such as the Cancer Foundation, and so on? 12 DR. WALMSLEY: No, except that they are providing 13 a service and that they are filling a need that is there at 14 the present time. 15 DR. BUTT: Yes, I appreciate that they are. I am just trying to differentiate as to how you feel we should 16 17 attack or help it. The next thing comes under information 18 centres which follows on page 6 and you say these be established 19 on a regional basis. You have one in Metropolitan Toronto I 20 believe? 21 DR. WALMSLEY: There is one at the Social Planning 22 Council. 23 DR. BUTT: Are there any others that you know of?

DR. WALMSLEY: Not that I know of.

DR. BUTT: But you are suggesting that we try to

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DR. Commission of the commissi

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DR. WAIMCHET: That is right,

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FUT: Are there any others that you know of?

VALMSLEY: Not that I know of.

DR. BUTT: Dut you are suggesting that we thy to

## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

establish---

DR. WALMSLEY: We feel that a need would be there, yes, because of the great deal of ignorance and lack of knowledge of what is available.

THE CHAIRMAN: In view of some of these questions that have been asked, if you wish later to submit a specific recommendation as to how you think the bill might be altered, you are at liberty to do so.

DR. WALMSLEY: Thank you sir.

DR. BUTT: And then on page 7 you recommend that a pilot study should be developed in order to determine the best way of providing dental care to the institutionalized, homebound and low income people. Should this really be under the Dental Association or do you feel this is part of this Bill?

DR. WALMSLEY: I think that we feel that this should be under the Dental Authorities to investigate this and any recommendations that they can make.

THE CHAIRMAN: Mr. Mulrooney?

MR. MULROONEY: Your recommendation, pursuing the same idea on home care, I wonder do the Social Planning Council of Metropolitan Toronto have estimates of the number of people who are homebound or who need this type of care?

DR. WALMSLEY: We can provide that figure for you sir. We cannot give it at the moment.

MR. MULROONEY: And you would not have any

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

estimates of what the cost would be involved in this type of service?

DR. WALMSLEY: We can refer to some costs in view of the present study that took place at the recent Home Care Program — that is taking place in Metropolitan Toronto, in the City of Toronto and which, of course, was a research program which was controlled and therefore limited in the number of people who were so treated but they have an idea of cost per case and an idea of per case saving of hospital time.

MR. MULROONEY: You are concerned, I take it from your brief, mainly with the payment, the finding of funds to pay for the paramedical profession rather than the medical men themselves?

DR. WALMSLEY: That is right, because they have been covered.

MR. MULROONEY: I think that is the information I wanted Mr. Chairman. I think we can get it all.

THE CHAIRMAN: Mr. Simon?

MR. SIMON: Yes Mr. Chairman. On page 4, item 13 you say that care should be taken in the implementation of the Medical Services Insurance Act to assure that there is no detrimental effect on existing public services. Would you care to elaborate on that?

DR. WALMSLEY: Yes. This was the recommendation. We had made an addition, further explanation of what we ought

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to put under Article 3, which is quite a listing of exemptions, some of which have more meaning than others really and some of which are quite obvious as the laboratory and other diagnostic procedures rendered as hospital services to the extent that these are provided for under the plan of hospital care insurance under the Hospital Services Commission Act. This is quite obvious but there are other things there that we felt perhaps should be carefully assessed before they were included in exemptions and the effect that this might have on the total effect under the Act. As we stated here a number of these exemptions, for example, nursing services, drugs, dental services, appliances, put distinct limitations on the kind of care offered and could limit the full benefits of the Medical Services Insurance Act and the Ontario Hospital Insurance Act from being realized in certain instances.

We go on to point out that you can provide these in the material and services exemption outside of the hospital, drugs, vaccines, etcetera, special appliances, may create real problems for certain income groups especially in certain areas of the Province. Service exemptions: The exemptions listed need careful consideration regarding progressive enlargement rather than restriction. For example, home nursing services, physical therapy, outpatient, oxygen in the home, etcetera, and outpatient laboratory and diagnostic services, whether Government, commercial or hospital.

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physician and consultant services, then the above services will in turn be put under great pressure. Some income groups may find it more feasible to attend a local physician rather than attending a more distant hospital outpatient department.

Limitations in Article 3 could limit the local physician's full effectiveness. Many gaps are now present in the above services as witness the attempts by various voluntary groups to supply some of these services. For example prothesis appliances, physical therapy and rehabilitation procedures.

It was felt that the question might be an interpretation of some of these exemptions and that we are concerned whether we in turn would perhaps even limit some of the things that are available today under our Outpatient Department Hospital Services. For instance certain public health services, mental health clinic services and so forth because of the limitation of the exemptions that have been put in Schedule A.

brief you state, under (f): "The assurance that every resident of Ontario may participate in a standard minimum plan without regard to age, state of health or ability to pay." Now I note that mainly your organization has been concerned with the income of groups, and so on, and social planning and I have noticed some figures recently where you publicly stated



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MR. SIMON: On page 2 in the preamble to your brief you state, under (f): "The assurance that every resident of Ontario may participate in a standard minimum plan without regard to age, state of health or ability to pay." Now I note that mainly your organization has been concerned with the income of groups, and so on, and social planning and I have noticed some figures recently where you publicly stated



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that the average family in Toronto, the income required for decent living is somewhere around \$5400.00 a year. This includes a quarter of the income from the wife working.

Bill 163 states that the Government is going to subsidize certain groups in the community, in the Province.

Would you care to elaborate or have you any recommendations with regard to these groups which you feel -- where should the borderline be? Which groups do deserve the subsidy for their medical insurance?

DR. WALMSLEY: As far as what is income in groups, and size, I could not be prepared to say right now sir but we could obtain that and make a statement on that, if you wish.

MR. SIMON: I would expect it from an organization such as yours anyway.

THE CHAIRMAN: We would be expecting that then from you later.

DR. WALMSLEY: Very well sir.

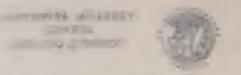
THE CHAIRMAN: Anything further Mr. Simon?

MR. SIMON: No, thank you.

THE CHAIRMAN: Mr. Major?

MR. MAJOR: Thank you Mr. Chairman. Dr. Walmsley
back on page 2 again, article 5: "The Social Planning Council
endorses prepaid Health Insurance..." Now prepaid Health

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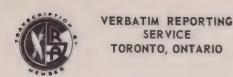
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the cost, if not all. Under (d) and (f) you set forth certain standards and you are stating that this policy should be guaranteed renewable. Now you lock the doors of your house and take the keys of your car. You then admit that there is a certain number of people in this world that you cannot trust. Are you prepared, as a citizen, to pay part of this cost even though a number of citizens may be abusing, grossly abusing the privilege given under a guaranteed renewable agreement, or should there be a stop gap for them?

DR. WALMSLEY: I don't think so from what I have seen. I think from my own personal experience in some industries that have very generous programs that the abuse is very little and it is all through careful clinical assessment that we are able to do and follow up. My own feelings are that there are groups that will abuse it, yes, but I think it is a very small proportion of the total population of this province that will be enrolled.

MR. MAJOR: Dr. Walmsley, we have laws against felonies and so on. The number of people that commit them are very small. If you are willing to accept a plain statement from a novice in a prepaid health insurance plan ten per cent of the population, be it lay or professional, are not honest. Do you think it is reasonable to put in some kind of law for this ten per cent? If ten per cent of the public were to do premeditated murder would you do away with the murder laws just



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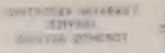
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because it is ten per cent?

DR. WALMSLEY: I don't think that is a fair question, Mr. Major. I think what we are discussing here is the question of prepaying and spreading out the medical cost of medical care in this Province. I think if it is ten per cent you are going to have to have a double bill, the physician co-operating with the patient. I am not so sure this happens very often. Yes, there are people who may be overtreated, but it is not so much a crime as there is the problem with ability to treat at the present time. Certainly treating someone for twenty visits, fifteen minutes each and tranquilizers for acute anxiety and reactive depression may not be right, but it is some therapy. This is where I think most of your problems arise in any of these schemes, abuse in this way, rather than in direct planning to abuse them. I think this is so because of the fact that we have limitations, certainly in facilities for therapy and in the ability that we have to carry out certain forms of treatment.

MR. MAJOR: Well, Dr. Walmsley, this is an important matter to this inquiry because at some time we are going to have to make definite recommendations. In view of what you said regarding Article 3 and the questions that have been asked about this I gather you are in favour of comprehensive health services and not just physician services. By and large the business approach to this type of business is on a



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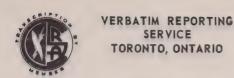
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| what you said regarding Article 3 and the questions that have | been asked about this I gather you are in favour of comprehen-

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trust basis and the only place that somebody gets into this

Act is for a physician to certify something. If you broaden

this out so that nobody, no Committee would have any powers of

discretion in respect of the small percentage of people that would

abuse them, this is liable to snowball because of abuse. Do

you consider the whole gamut of health services....

THE CHAIRMAN: Mr. Major, if I may interrupt,
am I not right, Dr. Walmsley has expressed the view that Council
are in favour of this without limitation. Is that not the
answer for which you are looking on this?

MR. MAJOR: In view of the one two three four points down to (f) in my opinion the guaranteed renewable clause in insurance is a good clause providing they would have something to say about it. In other words this isn't necessarily setting forth co-insurance, not necessarily setting forth a limitation on the privilege. The compulsion is on the carrier, the privilege is on the citizen, the part of the citizen. What I am looking for here is is it agreed by the public body in this statute that the citizen should not have any discretionary organization should he fall off the beaten path? That is what I am looking for, Mr. Chairman, because this either has to be put or it doesn't have to be put into the Act.

MR. LAWSON: Mr. Chairman, Dr. Walmsley looked at the matter, I think from the point of view of the medical men. He is, perhaps, unaware that the point of view of the

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. MA. LAWECK: Mr. Chairman, Dr. Walmsley looked

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

carrier may be somewhat different. We are not so concerned with the doctor who may offer services as with the patient who will visit, the few who will go to 28 different doctors for services within a period of a few months. We get this kind of thing. Some restrictions on wide abuse seem to be necessary. That is, I think, what Mr. Major is suggesting should be incorporated in legislation of this kind.

MR. MAJOR: Let us go on then, Mr. Chairman. I think the general concensus of opinion is that the Act as presently outlined is a beginning. Now, if we go down to Article 3 where you are suggesting there should be an opening up of this to include home nursing services, physical therapy drugs etcetera, etcetera — in the opinion of your organization would you be prepared at the present time to have a launching platform for the health services as suggested for this Act?

Do you think it is sufficient for the present time?

DR. WALMSLEY: We know you have to walk before you run. I think this has got to go one step at a time. I think the Act should be well aware by solving certain dilemmas it is going to create others and it must be well aware of these and face them and, perhaps, research them. This is an answer to your previous question as well. I think we know that abuses may well happen in certain instances and certainly you have to have certain checks. It is impossible to foresee that until you are giving the service.

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MR. MAJOR: Yes, I agree with that. You agree we have to start some place?

DR. WALMSLEY: That is correct, sir.

MR. MAJOR: Article 3 be amended from time to time as we may amend it.

DR. WALMSLEY: That is correct.

MR. MAJOR: The annual periodic health examination -- are you acquainted with the studies that have been recently done on periodic health examinations?

DR. WALMSLEY: I haven't read that recent report.

MR. MAJOR: There have been some notes and studies done by the Department of Hygiene, I think it is, or the University of Toronto and by and large scientifically after a great number of patients have been considered in this, the general concensus of opinion seems to be now in the scientific area, not down in the lay area, that periodic health examinations, per se, are not worth their cost. That is a statement, but coming down to Article 1 in your paragraph 10 "important procedures of preventive and rehabilitative care". Rehabilitative care surmises something wrong now, doesn't it, so that you really don't need the physical or periodic health examination to keep this patient under control or to see if there are any changes coming about.

DR. WALMSLEY: That is probably true, yes. There is something you may pick up as you go on that would require



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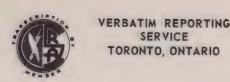
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MR. MAJOR: What about well-baby care; the periodic check in well-baby care? Would you do this over a period of certain years to take up all the children in society? Would this be sufficient to keep him going in society or her going in society? The current system is to go to the family physician. Would this not be a periodic check, normal care?

DR. WALMSLEY: In a sense some are, but there are gaps, however. Very few have had any sort of assessment beyond age of two or three. They exist through the school service. We think they get a form of assessment, health assessment, again perhaps in High School. These, of course, are of little value as an examination in itself. There are many defects you will pick up, but the counselling comes with the examination and the need for follow up, to see that they are going to make these changes in the health status I think are very important. Certainly if you are going to do an ordinary physical examination, do a fairish one about twenty minutes, and check off certain complaints, I feel too this is probably a waste of time. This causes a physician who is very busy, if he can this, have a chance to see his patients, he will find out what he is doing and what is happening as far as health is concerned, to be able to counsel him. That is how defects are picked up. Certainly they are present.

MR. MAJOR: Your periodic health examination,

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MR, MAJOR: Your periodic health examination,



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would it go so far as gastro-intestinal test series, electrocardiographs, basic metabollism tests and so on? 3 DR. WALMSLEY: I think this is not what we have in mind. This is where you have in mind certain definite difficulties they are going to require further investigation. MR. MAJOR: In other words milestones of average physical examinations. 8 DR. WALMSLEY: That is right. MR. MAJOR: The examinations you are considering would be forty-five minute propositions? DR. WALMSLEY: I think so. MR. MAJOR: And would carry a fee of perhaps \$25.00 to \$35.00. DR. WALMSLEY: Not necessarily, no. MR. MAJOR: On a time basis? DR. WALMSLEY: No, I think that they could be done for less than that. MR. MAJOR: Thank you. DR. WALMSLEY: Industry pays less than that to have it done. MR. MAJOR: They pay a lot more too, sometimes. DR. WALMSLEY: They may in some cases. THE CHAIRMAN: Mr. Major, Dr. Butt has a question of Dr. Walmsley.

DR. BUTT: There are two approaches to this. One, the most

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cardiographs, besig metabollism tests and so on?

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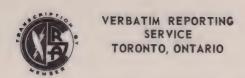
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accurate the one the School of Hygiene on preventive studies. I believe their statisticians weren't as happy with the overall picture of annual health examinations and it brought out unless 3 there was some complaint, that is the patient goes to the family doctor because something is bothering him -- it may only be anxiety. There is that distinction. What happens in industry and I personally was with one of the most expensive annual health examinations which were done for Fords, Ford Hospital and each fellow came in and it spread out for three days. We did everything, literally. I followed at times a series of a number of smaller companies within Toronto. We did relatively short examinations which were really for the value of the company. I think this is the area, I think it is value for the company and value for the patient. I think the two things, perhaps, the value of annual health examinations with regard to industry, with regard to a big company to investment in the individual is one thing but to put this in our Bill as a mandatory situation is not really, exactly, medical care and I think there is perhaps a shade of difference. If you can change my view please do so.

DR. WALMSLEY: I think you certainly don't need three day examinations. We have found, certainly, in companies I have been associated with on reviewing these there are many things that are past that the statistician may not be very happy about, that is he is not over concerned in that these

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

are easily analyzed. Certainly we are concerned about the problem of weight and weight is one of the things that can be dealt with at this time, for instance. To get back again to the examinations done in industry, they are done for the purpose of the employee in the sense his total health -industry's most important asset is the trained employee because the machinery is changing every year. This is a good thing for the employee. It is done for the purpose of the employee, to keep this employee well. I think the other thing is that if these are not for people who are working and have it made available to them, I think it should be done voluntarily as they are in any industry. They are made available on a voluntary basis for these and it is open to him whether he shall have this examination.

DR. BUTT: To be a little more specific, it is mandatory when the individual joins the company.

DR. WALMSLEY: They make it mandatory. It is for preplacing health.

DR. BUTT: Subsequently they are voluntary.

This is fine. In the private practice the point is the patient could avail himself and it is voluntary, but he will usually come with some complaint. You say they should be mandatory.

If you are going to get annual health examinations you are going to have to carry it with some almost mandatory reason.

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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

available. I think the number who will have the check annually will not be great because we simply don't have the facilities to examine them all. If the physician could put a little time to do this -- I think the check could be a certain period and I would feel that it should be of such a nature in the statute that it differentiated from the visit because of a complaint.

DR. BUTT: There is another case where the insurance companies I believe did offer this type of purely voluntary thing and they dropped it because it wasn't used. I believe this is correct. Some insurance company people could probably recognize this. This is the problem with the annual thing. The same problem would be if everybody were looked at, we have six and a half million people at forty-five minutes.

THE CHAIRMAN: What the Council has suggested here is this be on a voluntary basis, be available.

DR. WALMSLEY: Certainly. I don't think it would ever ruin the doctors' time because we haven't got to that stage yet of regarding the looking after ourselves in this manner. It is not the acceptable thing yet by our society and certainly it will never hurt your insurance rate either. I don't think that because of this it should be left out of the Act.

THE CHAIRMAN: What you would like to see is that



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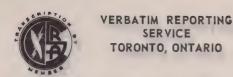
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individual item removed from the exemptions?

DR. WALMSLEY: That is right.

THE CHAIRMAN: Do you wish to carry on, Mr.

Major?

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MR. MAJOR: I could carry on with this subject for some time, Mr. Chairman. What I was trying to get here was whether or not there was a cloudy interpretation by either you or us. In my view any citizen who has a symptom, there is no reason why they should not go to the doctor. With the motivation of the periodic health examination, when there is an individual of 50 years of age who is absolutely healthy then we don't feel we should give him well adult care. anybody has any symptom, regardless of how slight it is, then he has got a periodic health examination -- he is going to the doctor and the health services usually pay for it on first dollar coverage. There is a tremendous argument in principle between people who have no symptoms and allowing people being motivated with symptoms on the first dollar basis because they can walk in and the coverage gives them the privilege of having a check-up, but they have to have a symptom for their motivation. It is a matter of distinction between what you may define as periodic health check-ups and what I might define it as.

DR. WALMSLEY: That may be. We are going to have to see them before they have definite symptoms because still too many come in with well defined syndromes and certainly



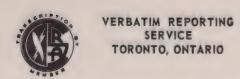
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THE CHAIRMAN: Do you wish to carry on, Mr.

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don't require an extensive examination. We feel by putting this in it is a step in the right direction. We are seeking something better than that, surely.

MR. MAJOR: Paragraph 14 on page 4 referring to Article 6 of the exemptions which excludes payment to the General Practitioner for newborn infant care be deleted. Here again I am wondering if we interpret this right. Do you say during the first crucial week after birth the doctor's care is important for the well-being of the newborn child. That is why it is in here. The physician that has delivered the baby, it is his duty to look after that child. He is being paid for it in his confinement fee. If it is necessary because of some peculiarity to transfer this child to a pediatrician then we want to make a special issue of it and pay that pediatrician. In other words we have the normal set up. We are trying to take care of the abnormal here.

DR. WALMSLEY: We are quite aware of this. This came up in discussions and this was raised mostly by physicians in outlying areas. They are concerned there are not pediatricians in those areas and maybe there is a child who needs consultation with other doctors and other things. He may communicate with somebody in Toronto about problems up in Cochrane and cannot move the child. He is two days old.

THE CHAIRMAN: Pardon me. When Mr. Major expresses himself as "we", he is not speaking for the Committee.



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VERBATIM REPORTING

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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

MR. MAJOR: Dr. Walmsley, on page 5, talking about home care again and in your study of The Needs and Resources at page 258, homemaker and nursing services. This is carried on in certain municipalities. The homemaker service has a yes by the City of Toronto, East York, Etobicoke, North York and Scarborough. We have talked about costs. Are there any costs available for these services from these organizations? I wonder if these costs could be included?

DR. WALMSLEY: The cost of the home care?

MR. MAJOR: The homemaker service.

DR. WALMSLEY: I haven't got this Act available

MR. MAJOR: Again while we are on this subject you mentioned page 122 and you read down to article 62 on that page and then you continued to read but you may have been reading some other page. Could you please tell me where you continued to:

DR. WALMSLEY: Yes, I can give you those: Page 170, 171 and page 183.

MR. MAJOR: I think the question was asked as to the number of people involved, the factor per thousand population might need home care. What does the homemaker service include? Does it include dusting and washing or bathing the patient and feeding him his meals?

DR. WALMSLEY: This generally involves -- it

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WW. WWOR: I think the question was asked as to the number of people involved, the factor per thousand population aught need home care. What does the homemaker service include? Does it include dusting and washing or bathing the pattent and feeding him his meals?



depends on the situation, as you can well imagine. Most of these people are going into a home and it does require some skilled nursing and ancillary skills as well. They may involve some homemaker services in certain cases but wouldn't in all of them.

MR. MAJOR: Let us take a 55 year old employee. He is not very well employed. He has to work and his wife had a cerebral and two or three months after there is evidence rehabilitation is going to be very slow if there is going to be any. This woman can't look after herself, she can't clean the house, get the meals. Would the person that went in in that case do the homemaker service and look after that house for eight hours of the day while the husband was away?

DR. WALMSLEY: He is going to have a dusty house whether his wife is there or not. I think it is another problem. I think in home care we are concerned with the best follow-up treatment and reducing the hospital stay.

MR. MAJOR: Home care service is primarily looking after that individual, not the rest of the house.

DR.WALMSLEY: Not necessarily. Those are other items.

MR. MAJOR: On page 6, paragraph 20: "Government participation should not interfere with the autonomy, the objects of the agency, or its freedom to do research or experiment and enter into new fields of activity." The carrier

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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

costs of the services provided would be paid by Government.

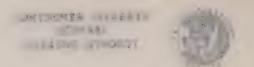
We are talking here of a sort of insurance in its broad sense.

Are you intimating that this insurance premium should include various types of research of the organization on a cost basis entering another field of activity. Supposing it decided it was going to build swimming pools? Wouldn't we be only interested in the actual cost of the services that the Government was buying rather than any ancillary items of research or new activity.

DR. WALMSLEY: This is what is implied here, Mr. Major. These are actually specific organizations such as V.O.N., voluntary organizations which are carrying out specific health needs. Certainly we have said that it will only be the actual cost of the service so that the difference is not made necessary, going to United Appeal etcetera, but also that if the Government guarantee that it would pay costs or the Municipality paid all the costs of the services got and paid for in the past then they wouldn't be afraid you are going too far with the program.

MR. MAJOR: Thank you. I have a facetious remark: On page 7, Dental Services, maybe we could legislate against soft drinks.

MR. DUNN: Might I be permitted to supplement the answer given to Mr. Major's last question in the Needs and Resources Study there are recommendations which specifically



costs of the services provided would be paid by Government.

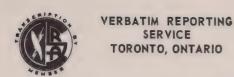
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MR. BUWM: Mignt I be permitted to supplement



cover that point that Mr. Major was raising. If I might just give him the reference. It is on pages 181 and 182. That is in the Needs and Resources Study, recommendations 120 to 122 inclusive. I don't think I need to read them. They are just exactly what Dr. Walmsley said.

MR. MAJOR: Thank you, very much Dr. Walmsley. That is all, Mr. Chairman.

THE CHAIRMAN: Mrs. Aylen, did you want to ask something?

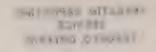
MRS. AYLEN: No, I think everything is covered.

THE CHAIRMAN: Do any other members of the

Committee have any questions?

MR. GALLOWAY: I have one question, I am very interested in the powers of the members of the Committees that you have. They are tremendous. I was interested first of all how your Social Planning Committee was formed, what are its responsibilities and who decides its powers, the Board of Directors. How frequently do you meet and what action do you take?

DR. WALMSLEY: I could refer this to Mr. Dunn.
We have it in our briefs. Mr. Lawson is also here. We have
it in our brief at the beginning in which we talk about our
program and the objectives of the Social Planning Council are
attached as appendix at the back of the brief. The objectives
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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

MR. DUNN: Mr. Chairman, if I might be permitted to supplement an answer that has been given: The Social Planning Council of Metropolitan Toronto is a Corporation. It has made use of the Welfare Council and the members of the Council are twofold, first Welfare, Health Welfare and Recreation Agencies in Metropolitan Toronto Government departments and individuals.

The Board of Directors are elected annually by vote of the members which could be organizations or individuals and its role is as indicated to be a coordinating body, completely voluntary, a coordinating body, a planning body for all the various health, welfare and recreational agencies and organizations in Metropolitan Toronto.

MR. GALLOWAY: You do make recommendations to these individual members in the Associations that belong to the Social Planning Council. Who do you make your recommendations to?

MR. DUNN: I think it depends on what particularly is being considered. For example, we are making recommendations to this Commission today. There may be another group meeting at this particular moment of two or three agencies who have been brought together to try to settle the same common problem.

MR. GALLOWAY: The only other question I had is that in the event that the Government did pay the total cost of the social service, which you are recommending, do you



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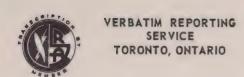
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see some great change in voluntary organizations; in their activities?

have been changing a bit in the last 20 years and as they have grown, I presume they would change. I would presume there would be other areas — there has been a feeling in the past where the voluntary agency led the Government would follow and it took over, it expanded or went into other areas and provided other services and this has happened in many instances and undoubtedly they would change. They certainly could not be static or they would not survive.

MR. GALLOWAY: Thank you sir.

THE CHAIRMAN: Dr. Walmsley most of the names that are listed in your appendix here as members are those of individuals, although the firm or institution with which they are associated is listed along with their names. Do you have associations as members or is it the individual in an association that is a member?

MR. DUNN: The Association could be a member.

Now I just want to make one thing clear and that is Corporations are not members nominating their President as their representative. We are speaking, of course, of voluntary community supported agencies. There are two kinds of memberships, as I mentioned. An agency can have a member, and then they can nominate either one or two people as their representative or

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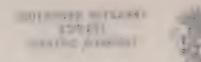
# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

an individual can be a member himself or herself and when I
am speaking of members, I am using "members" in a very technical
legal sense, similar to a shareholder in a Corporation.

Now the Social Planning Council, because of its position in the community, is fortunately able to draw on the best talents in the community and, therefore, people will serve on committees for the Council who may not in themselves be members in the sense of having paid an annual fee.

the CHAIRMAN: Maybe I can state my question better. Are you speaking for any other group of Associations, other than the individual members of your Council?

MR. DUNN: Well we are speaking for the Council itself. This could be different to the sum total of its members, just the same as -- you will pardon me, being a lawyer, a Corporation is different to its shareholders. I just wanted to get straight that the Corporation, the Social Planning Council speaks as such, and again, if I might Mr. Chairman, this study was originally made by a Committee appointed by the Board of Directors of the Council. The Committee then prepared their brief. It was considered by the Directors of the Council and then it became a brief and the recommendations of the Council as such so what we are presenting to this Committee or Commission this morning is the brief of the Social Planning Council.



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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

THE CHAIRMAN: Thank you.

DR. BUTT: The Medical Service Insurance Act Committee, these are the members really that produced the brief. Is that correct?

DR. WALMSLEY: It had to go to our Health Section of the Social Planning Council and it was gone into and it went back to Committee and back again and finally up to the Executive Committee of the Board of Directors.

DR. BUTT: All this is typical. All these people, Dr. Anderson, Dr. Allison, Dr. Hastings, and so on Dr. Burns Ross, I notice there are quite a few from the School of Hygiene and I am wondering why the difference in their personally reported brief to us on this, again we will come back to this one specific thing the annual health examination and what apparently has come out of this report.

DR. WALMSLEY: Again this was a Committee which was probably wider than the group that introduced their report from the School of Hygiene.

DR. BUTT: Now these members are all part of your Social Planning Council?

MR. DUNN: Yes. They are for our present purpose

DR. BUTT: How many would you have at an annual
meeting? I am just trying to get a conception of what is

MR. DUNN: Four hundred perhaps.

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WR. DUMM: Four hundred perhaps.



#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

THE CHAIRMAN: Any further questions? 2 MR. DUNN: Excuse me, if I might just add: 3 With a Board of Directors of forty-five. THE CHAIRMAN: Do you have any further statement 4 5 Dr. Walmsley? 6 DR. WALMSLEY: No sir. 7 THE CHAIRMAN: Thank you very much. 8 DR. WALMSLEY: Thank you for your kind considera-9 tion Mr. Chairman. THE CHATRMAN: The next submission we have is 10 from the Ontario Association of Social Workers. 11 12 13 BRIEF FROM THE ONTARIO ASSOCIATION OF SOCIAL 14 WORKERS 15 Appearances: Dr. Elizabeth Govan, Miss Violet Munns, 16 Mr. John Haddad, Mr. Ian Bain. 17 18 THE CHAIRMAN: Have you had an opportunity of 19 reading the statement of instructions there? 20 MISS MUNNS: Yes. 21 THE CHAIRMAN: Would you care to identify your 22 spokesman for your delegation? 23 MISS MUNNS: Yes. Mr. Chairman and members of 24

the Ontario Medical Service Insurance Enquiry Miss Florence

THE CHAIRMIN: Any further questions?

IHE CHATEMAN: Do you have any further statement

Dr. Walmsley

DR. WAIMSLEY, NO SIT.

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THE CHAIRLAM: Thank you very much,

DE, WALMARE: Thank you for your kind considers-

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

Philpott, President of the Ontario Association of Social Workers is out of town and she has asked me, as Secretary, to represent her and introduce the members here. Dr. Elizabeth Govan will be presenting the brief. Other members of the Association are Mr. John Haddad and Mr. Ian Bain.

Now I will ask Dr. Govan to present our brief.

THE CHAIRMAN: I do not believe that I received

MISS MUNNS: Miss Violet Munns.

THE CHAIRMAN: Thank you. Yes Dr. Govan?

DR. GOVAN: Mr. Chairman, following your instructions we do not intend to read this brief. We made it short so that we did not submit a summary of it to you. We thought it was a summary. We are delighted to have this opportunity to appear before you and as we say in our introduction we consider it very commendable that the Committee should be prepared to hear the opinion of people in the community on this particular subject.

The National Association presented a brief to
the Royal Commission on Health Services and took a stand on
health care program on a much wider basis and it was on the
basis of that national policy that this brief has been presented
to this Committee. We tried to direct our thinking particularly
to Bill 163 and, therefore, have limited ourselves specifically
to this. I think the major point I would like to draw out of

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

health care plan. To the National Body we have emphasized that a comprehensive plan is essential and I think we recognize that a start should be made somewhere. We feel that the plan should be drawn up as a whole, in the first place, to make sure that the other parts are going to be fitted in or are possible of being fitted in in the way in which the original step has been taken. We question whether this applied in the proposal under Bill 163. We find it very difficult to see how the other services that we consider necessary for health care could be worked in with this particular Bill.

We already have hospital insurance, of course, and the combination of these two as completely separate programs, as they are now suggested, suggest every aspect of the further steps to medical care would also have to be taken as discrete action. As I say, we would find it extremely difficult to see the fitting into a comprehensive plan which we consider extremely important.

I don't want to repeat what is in the brief,
Mr. Chairman. Shall I leave it at that and be waiting for
questions from the Committee?

THE CHAIRMAN: All right, thank you.

MISS CARPENTER: I think Dr. Govan we appreciate the point of view that is expressed very clearly throughout this brief, the question of comprehensive care and universal



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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

coverage. Now one specific question that perhaps you would be willing to clarify. On page 4 you raised the problem of the medically indigent and go on to raise the question of how a needy person will be defined and in the middle of that paragraph you say it would not be possible to identify needy persons on the basis of a means test, that a needs test would have to be administered. Would you care to enlarge on the thinking of this group?

DR. GOVAN: Yes. I think it is evident in our brief we feel that the new Act would -- it is very doubtful as to whether it would make any better provision than is presently available in Ontario for the group that are now receiving public assistance of various kinds and are included under the Ontario Medical Care Plan and in the services given by outpatient clinics in a hospital, and so on.

We are more concerned about the income level just above that which can, with struggling, manage the ordinary costs of everyday living but the minute they are faced with some sort of emergency in the way of illness, their financial situation is completely thrown. It is not necessary to tell the Committee, of course, that the amount of illness will make a tremendous difference in the way in which a family is thrown; whether it involves one member of the family only or several members are suffering from physical conditions that require extra expenditures at the one time.

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

It also depends very much, of course, on the drugs and appliances, the sort of treatment that is necessary for the kind of illness and that, therefore, the question of taking a particular income level and saying that if you have only this income you then could be considered needy does not make sense because of the difference in expenses that the medical care will mean for a particular family.

MISS CARPENTER: Are you saying in relation to these extra expenses that are not covered by this Bill, and you mentioned drugs, appliances, and so on in this paragraph, that the present method by which these are paid for this low income group is not satisfactory?

DR. GOVAN: To a large extent, these are not paid for the income group above the public assistance level.

MISS CARPENTER: And voluntary agencies are not able to handle this group in the grey area. Do you think they go without necessary services that are part of their medical care.

DR. GOVAN: Very definitely. What is the use of going to a doctor for a prescription if you have no money to carry out the treatment that he has prescribed?

MISS CARPENTER: A suggestion has been made that perhaps through the use of income tax returns one could assist people of low income and raise the level on this medically indigent group, so that there would be people getting assistance who would have higher than the present income. Do you think

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MISS CARPINTER: Are you saying in relation to these extra expenses that are not covered by this Bill, and you mentioned drugs, appliances, and so on in this paragraph, that the present method by which these are paid for this low income group is not satisfactory?

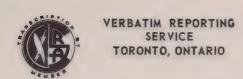
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MISS JARPENTER: A suggestion has been made that perimps through the use of income tax returns one could assist people of low income and raise the level on this medically indigent group, so that there would be people getting assistant who would have higher than the present income. Do you think



this is a possibility?

DR. GOVAN: I would think, Mr. Chairman, that the group that is probably most seriously affected by this is the group that is not now paying income tax; with the deductions, and so on, comes just under the income tax level.

MISS CARPENTER: They might be putting in returns and be picked up this way.

DR. GOVAN: Yes. In some cases they would be putting in returns but a large percentage of them are not.

MISS CARPENTER: I wonder if I am making my question clear. If the Government were willing or through this Bill were willing to accept the fact that people of higher incomes than we now consider medically indigent were included and given assistance in their premiums, would this not improve the situation rather than, as you say, it would make the situation worse or it would not help them?

but I don't think it would solve it, Mr. Chairman. In preparation of this meeting I became curious and made some inquiries about the regulations of the Central Mortgage and Housing about subsidizing rents on public housing programs and I discovered that they take in their general regulations across the whole of the country, and they say that public housing should be available to people in the lower one-third of the income group. This is below the income which the lower third of

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come group. This is below the income which the lower third of



the population has. In other words, they are saying that for housing we must subsidize housing up to one-third of our total population.

Now if you are interested, Mr. Chairman, I have some figures as to what this means in Toronto. This figure means \$5,038.00 for a family requiring three bedrooms, which means parents and three or four children. If this is taken as any indication of the need of subsidization on housing, and could be applied to medical care, this certainly talks far above the income level we are talking about.

THE CHAIRMAN: Have talked about in the past you mean?

DR. GOVAN: Yes.

THE CHAIRMAN: The other question was merely one, more of a general one on page 5 of your brief where you raised the question of citizens participation in the policy-making body. If this group has specific recommendations to make as to how this could be implemented, it might be of assistance to the enquiry. This is a suggestion and there is no recommendation as to how this might be accomplished.

DR. GOVAN: We left this open, Mr. Chairman, because we are not sufficiently acquainted with the insurance regulations to be sure. In the wording of the Act, as we see it, in sections 8, 4 and 182 it looks to us as if the carriers and the corporations include insurance representatives only



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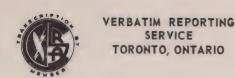
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and no other people.

One possibility of getting consumer representation would be putting members on that body. As I listened to part of the presentation of the previous brief on the question of abuse, it seemed to me that the citizens participation in the policy-making body was one way of controlling abuse.

am sure the Committee would like to congratulate you not just for the brief but for the wonderful social effort that your people are putting forth. I think it is most gratifying to us to find the large number of people who are taking the responsibility shall I say of being my brother's keeper and certainly this is to be commended. Do you not find that there is and always will be certain people who will not help themselves regardless of what is done for them? It just seems to me in your brief you are suggesting that we must accept the responsibility of all people regardless of whether they are prepared to help themselves or not. Don't you think there is a fair percentage of the population who just won't do anything for themselves, even if they can?

DR. GOVAN: May I ask where you get the impression that we think that we should help people whether they help themselves or not?

MR. CASWELL: Your brief is going on to suggest that not only should we give very comprehensive coverage, even

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MR. CASWELL: Your brief is going on to suggest

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to the extent of, shall we say, supplementing their living expenses, and so on during periods of illness and I appreciate that this has been done by comprehensive coverages by insurance companies today but it is being done by people who have provided for themselves and helped themselves accordingly.

We are always going to have a percentage of the population who even in today's high standard of living and excellent opportunity of employment will not help themselves. They just won't. That is why we have a fair number of unemployed. Not because of not always having jobs for them. There will always be a percentage who won't work and help themselves. I am just wondering if you have not found this to be so and if you are prepared to recommend that these people should be subsidized because the Government will keep them?

DR. GOVAN: May I make a personal comment?

This question has not come up in the discussion in the Association. I don't know if I can speak for the Association on it or not but I would feel that the question started on an inaccurate premise in the first place because Government to me is people helping themselves. That these people are part of the citizens which Government represent and that, therefore, through payment of taxes their subsidization is being paid by the people who help themselves.

The other point: I think that any social worker would agree that there are a number of people who do not want

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to work, who do not take employment, who are unwilling, if you like, to help themselves in the way the rest of the community does. I think this probably is very small. Without getting into the question of unemployment, I would suggest it is in the interests of the public that we should have as healthy a population as possible and it is our objective to try to make it easy for the people to receive the medical attention they need, not only for their own development and health, but for the welfare of the total community and that in the question of health care our object is to promote health and to find ways of encouraging people to use more medical care.

When the question of abuse was discussed a few minutes ago, I know of illustrations myself in which present medical care plans are being abused by both patients and doctors, because patients cannot abuse it without the doctors going along with them in this particular instance, but the people that we are concerned about in this medically indigent group are the people who may or may not want medical care but who are hesitant about obtaining medical care, in many instances, because they cannot pay for it and that the cost of the medical care is the thing which is preventing them from getting medical care. I am not denying in that the suggestion that there are some people who would prefer to be ill. I think I might be free to give you an illustration that came to me

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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

from another Province of a blind person who was recommended to have surgical treatment with the hope that this would return his sight and he refused to have it because if he did, he would no longer get the blind allowance and this was the only basis of security which he felt he could count on and in the illustration I was given, at the age of 70, when the person became eligible for old age security, he came and asked to have the operation. Said now he did have some assistance, some means of income on which he could live.

Now this is the relationship between financial security and medical care. The fear of being dependant can affect people both ways, that if, by being ill, you can get more financial assistance, you may prefer to be ill. We don't want that. We want people to be well and, therefore, we want to encourage them to obtain the medical care that they need.

MR. CASWELL: Dr. Govan, I am very pleased that I asked the question because I think the reason for the Bill, and the reason we are here is because we feel just what you have stated is correct. Medical care must be provided to everyone. I wanted to see it in the record from someone such as your organization.

There is one thing that is bothering a lot of us, and that is perhaps how this is going to be paid for.

Under the Ontario Hospital Services Commission it's on a contributory basis and I think that many of us, I am talking

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of individuals, have reason to believe that this has been reasonably successful. Do you not feel this is a good way to operate, as the Ontario Hospital Services Commission are operating on a contributory basis?

DR. GOVAN: Are you referring to a recommendation that this should be tax supported throughout?

MR. CASWELL: Yes.

DR. GOVAN: In making that recommendation to the Royal Commission, we recognized that since the Hospital Services has developed in different ways in different provinces that probably as medical care plans develop further they would also follow different patterns from one Province to another. We recommended the tax supported program as a final goal, which I don't think realistically we could expect to have right across the country, or in Ontario itself at this stage, basically on the feeling that although income tax is being subject to more and more criticism on it being a method of taxation based on the ability to pay, it seems to be the only way that you can most closely recognize the ability of a person to pay and that, therefore, contributions through tax can be adjusted through ability to pay more adequately than the rate of contribution on an insurance basis can.

MR. CASWELL: Have you some suggestion that something like a sales tax perhaps called medical health tax



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MR, CABWELL: Yes.

DR. GOVAN: In mcking that recommendation to

THE PROPERTY OF THE PARTY OF TH j. 3 Services has developed in different ways in different provinces that probably as medical care plans develop further they would also follow different patterns from one Province to another. We recommended the tax supported program as a 1.1 final goal, which I don't think realistically we could expect \* to have right across the country, or in Ontario itself at this stage, basically on the feeling that although income tax Oi. is being subject to more and more criticism on it being a 4 0 method of taxation based on the shillty to pay, it seems to . . . be the only way that you can most closely recognize the 48 ability of a person to pay and that, therefore, contributions

MR. CASWELL: Have you some suggestion that something like a sales tax perhaps called medical health tax

through tax can be adjusted through ability to pay more

adequately than the rate of contribution on an insurance basis



#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

might be a way of handling this rather than trying to do it on an income tax basis? Has your Association given any thought to this, that this tax then is paid by everybody and not by a few?

DR. GOVAN: Yes.

MR. CASWELL: You haven't considered what type of tax, simply a Government tax?

DR. GOVAN: We didn't go into this, Mr. Chairman. I think the income tax is more possible, at least being related to ability to pay would be an item in favour of that rather than sales tax. It would depend a bit on what the sales tax was on.

MR. CASWELL: On page 3, Dr. Govan, you comment on universal coverage.

THE CHAIRMAN: A big tax on cadillacs, you wouldn't mind.

MR. CASWELL: Page 3, in talking of universal coverage the Bill provides as you suggest it is permissive both with respect to those who elect to purchase medical insurance and those for whom the Provincial or Municipal Governments pay for. This is a democratic way of doing it, that people can decide if they want to buy this coverage or they don't. I take it from your brief you are suggesting that it should not be on a permissive basis, it should be on a compulsory basis, that persons in the Province should be covered regardless of whether

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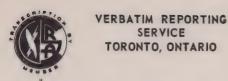
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they wish to be covered or not.

DR. GOVAN: Yes, this is our feeling.

MR. CASWELL: Further on you are suggesting on page 5 that the cost of medical insurance will take a gradual increase, and I think we are inclined to agree that this is very possible. "Further premiums will be weighted by medical fee schedules and the Ontario Medical Association has been given monopolistic control in setting these, that with the introduction of medical insurance that the medical profession will gradually keep increasing their fees and this is going to increase their costs; is that the thinking?

DR. GOVAN: No, Mr. Chairman, this wording gives that impression. We read from the Bill that the medical Association would set their fees and the premium would be established on the basis giving the Medical Association the power to forever set fees. We wondered whether that was so.

MR. CASWELL: Good or bad.

DR. GOVAN: Good or bad.

MR. CASWELL: Thank you very much. Thank you,
Mr. Chairman.

THE CHAIRMAN: Dr. Hamilton.

DR. HAMILTON: I would like to ask about the membership of the Association of Social Workers. Can you tell me how many there are in the membership.

DR. GOVAN: The figures are on the first page

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

of the brief. Ontario had one thousand and sixteen in the beginning of this.

DR. HAMILTON: What is the distribution of members.

DR. GOVAN: As you might expect a large proportion are in Toronto. They are pretty heavy in the larger centers rather than in the rural communities.

DR. HAMILTON: Are there any social workers in towns of 25,000, say?

DR. GOVAN: Mr. Chairman, there would be some in Childrens Aid Societies, for example, that would have their headquarters in the County seat. They cover the whole of the Counties.

DR. HAMILTON: But it is only the Childrens Aid Society.

DR. GOVAN: In the smaller towns, probably.

DR. HAMILTON: That would have social workers.

DR. GOVAN: Professional social workers.

DR. HAMILTON: Can you tell me, I think for the information of the Commission, the number of schools that have social work in their program.

DR. GOVAN: At the moment two. At the moment Waterloo is commencing. It is going to establish one. It hasn't yet been done, but it is officially announced it is going to be.

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

DR. HAMILTON: There is one at the University of Toronto.

DR. GOVAN: The other is St. Patrick's College, University of Ottawa.

DR. HAMILTON: How many graduates per year are there? I am asking this because in your brief to the Royal Commission on Health Services there is quite a point about shortage of personnel.

DR. GOVAN: I could get you the exact figures on that, Mr. Chairman. Both the existing schools of Toronto and Ottawa, and I would say the whole practice in North America, the professional training is two years to Masters Degree following a Bachelor of Arts. The school in Ottawa would have in its two years about 65, I think something of that sort. The school in Toronto at the moment has 165 and the University has had to set restricted admission on this because it is the only way it can be handled.

DR. HAMILTON: Is there a measure of the shortage? Have you any idea of the magnitude of the shortage in the Province of Social Workers.

DR. GOVAN: The only survey that has been made was about ten years ago and it is out of date at this stage.

Efforts have been made at the moment to get the National Health and Welfare Department to undertake a new survey and bring that one up to date.



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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

DR. HAMILTON: I only have one last question:
You recommend on page 3, paragraph in brackets 6, subsection
6 that the plan should be administered in such a way as to
provide citizen participation in the policy-making body. You
mention that in the Act the only administrative body mentioned
was the medical carriers organization. Are you recommending
that there should be a Board or Organization responsible for
advising the Government on broad policies?

DR. GOVAN: Mr. Chairman that paragraph quoted is one that comes out of our National brief which was providing for a much wider scope of health care and we were trying to apply this to the recommendation in Bill 163. I haven't gone into detail as to how it could all be done because we are in favour of this other set up rather than the Bill.

DR. HAMILTON: Thank you very much.

THE CHAIRMAN: Mr. Major.

MR. MAJOR: Dr. Govan, you made a statement that it was impossible, and I leave the word impossible hanging, I am not too sure that is what you said, for a citizen to abuse health services without collusion with the physician.

THE CHAIRMAN: I think she qualified her statement following that.

DR. GOVAN: I qualified that somewhat, but insofar as treatment recommended has to be recommended by the doctor, admission into the hospital, their prescriptions

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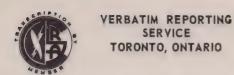
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DR. HAMILTON: Under free choice it is not possible for a citizen to...

DR. GOVAN: To go to the physician for services, that is right.

MR. MAJOR: You said in the question and answer period that you recommended a more comprehensive health service to the Royal Commission. On page 2, paragraph 5, subsection 2 you recommend that a plan to provide comprehensive health service should be established. Subparagraph 4 that universal coverage is essential. I gather that comprehensive health service includes all types of health services.

DR. GOVAN: Yes, Mr. Chairman, Sections 1 to 5 are recommendations that came out of our National brief and we incorporated them in here as broad principles. This is what we would see as our ultimate objective.

MR. MAJOR: Have you any idea, and I am not asking in respect of hospital services because hospital services is now established, we are talking about physician care, dental care, nursing, drugs, physio therapy, appliances etcetera, have you any idea what this would cost, particularly on a universal coverage basis?

DR. GOVAN: I have some figures on this, Mr.

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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

I think our point of view would be this is a question of priorities. If we believe in medical care we have to pay for it. If we have the manpower, the cost -- we are saying we can't afford to let people get medical care. I don't think the actual figure of cost matters. It is a question of how convinced we are that medical care is a necessity of life in present civilization and it should be available to all people regardless of their individual ability to pay for it.

MR. MAJOR: These costs would be approximately \$500,000,000. a year. You think that the Province could afford it?

DR. GOVAN: The question is not whether we can afford it but whether we can afford not to.

MR. MAJOR: You indicate that you want universal coverage, everybody should be covered in this, it shouldn't be voluntary, it should not be elective. I gather then you are intimating that the present system whereby possibly some 60 to 70% of the population is now covered for a fair amount of health services should be destroyed. You would eliminate that and replace that with a new set up altogether.

DR. GOVAN: The last figure I have is 57% in Ontario.

MR. MAJOR: Fine, it is more than 50%, let us say 57%. You would replace all this.

DR. GOVAN: Yes.



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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

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MR. .MAJOR: Do you think the means test should be done away with?

DR. GOVAN: I think there is a place for a means test, Mr. Chairman. I am speaking personally on this point. I think the proportion of people to which one would have to apply the means test in order to determine whether or not the medical care should be subsidized or paid for completely would make administration costs extremely high and would invalidate the use of means test in this situation. I also, and I think this is a matter of opinion and I don't know whether social workers could prove it, if we say we want people to get medical care and we expect the person with the relatively low income to say that at the beginning of the year I am going to need medical care I have to go and have a means test to get it, to have my insurance premiums paid -- they just wouldn't go. I am thinking of the medically indigent group, not the public assistance group with whom people will be working and be in a position to make this arrangement almost automatically because a means test has already been given. If we are referring to the upper income group, upper in comparison with the public assistance group, I am thinking they are going to go in advance to have a means test in order to have their insurance premium paid, I don't believe it, partly because a large proportion of these people are saying we will manage somehow. We don't want a means test. We want to live on our income.

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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

MR. MAJOR: They would give up medical care or health services because of the means test but they wouldn't give up their groceries because of their means test, they would still go and have a means test to get food.

DR. GOVAN: I am talking about the group above this level, Mr. Major, the people who are ordinarily independent but when it becomes a question of health and medical expenses become dependent.

MR. MAJOR: I find it difficult to remove it from the fellow with a dollar and the fellow with the dollar and a quarter. If the means test is degrading for the proud or hurts the individual -- it doesn't hurt the fellow who is getting it for food or shelter.

DR. GOVAN: I quite agree. I take the point of view it shouldn't be degrading, but the community makes it degrading by their attitude today that places a stigma upon those people.

MR. MAJOR: It is a result of living together of people and their discriminations and so on.

DR. GOVAN: And the value we place on material independence.

MR. MAJOR: This has to be decided on a reasonably discretionary basis, how you are going to apply it.

DR. GOVAN: Yes.

MR. MAJOR: Thank you.

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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

I think that is all, Mr. Chairman.

THE CHAIRMAN: Miss McArthur?

MISS MoARTHUR: I think that my question was

partly answered. I was interested in the citizen participation

5 in the policy-making body. I think you answered the question.

I was interested in the "how". You have indicated you haven't given more consideration as to how.

DR. GOVAN: Not within this organization suggested by this Bill. It is in the other context.

MR..MAJOR: I have one further question. I forgot the appendix to the brief. On page 3 of the brief to the Royal Commission you speak of social assessment. Can you give us a little outline of what social assessment means, if you would, Dr. Govan, and included in your statement you refer to in the next page "social components".

DR. GOVAN: Page 3 of the Royal Commission brief?

MR. MAJOR: Under social worker's function, the social worker's function in the middle of the page. In paragraph one you speak of social assessment. On the next page following, paragraph 8, you speak of social components. This is purely for education because I don't understand it. I don't know anything about it.

DR. GOVAN: Social assessment is basically the way in which this person lives with his fellow beings and how he adjusts to them. Taking it in a pretty narrow sense in the



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VERBATIM REPORTING TORONTO, ONTARIO

application of disability allowance in a social assessment the disability allowance is a heavy component of the degree of self care the person is capable of. The study is made as to what this person does on his own, can he walk upstairs, does he need to have help, does he need to be fed and so on, what are the possibilities of employment, not only on the basis of his physical being but because of the way in which it limits his activities and his attitude to his physical being and his motivation to rehabilitation. Does that give it to you in a specific instance?

MR. MAJOR: That gives it to me.

THE CHAIRMAN: Mrs. Aylen?

MRS. AYLEN: Do you believe that there are many people who need artificial limbs and appliances of that kind who don't get them under some system in our society?

DR. GOVAN: If I could defer that to Mr. Bain who has a little experience in this area.

MR. BAIN: Personally, speaking personally I would venture the opinion that this type of assistance with appliances and the like is available through voluntary agencies in many cases for physically handicapped adults. In other instances it would be available through federally supported services such as the Veterans Affairs and this type of thing. I don't think we discussed this in regard to this type of coverage. I think there is a fairly comprehensive availability

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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

of this type of thing, at least in Ontario. That is what we are concerned about here and I would think that this is available to most children and adults on a voluntary basis.

MRS. AYLEN: The second question, do you recommend on the comprehensive plan, supposing you couldn't have that, but considering denture, glasses and drugs, which would be first in order, the greatest need?

DR. GOVAN: I don't know how one could answer that. It depends so much on the individual. May I add here I heard this from an older person who needed dentures. He was a person on public assistance, not in Toronto, but in an Ontario community. The Welfare Department wanted to know what the prognosis of life was, what was the use of giving dentures unless you had at least so many years to live. This is the sort of thing that social workers get in communities.

MRS. AYLEN: You didn't put them in the order I asked.

MR. BAIN: I would think some of these things that are mentioned are available through voluntary agencies. Again, perhaps, this is something that cannot be depended upon in all situations. They may be available here and not elsewhere from County to County. A lot are provided through the service clubs which in some cases, children requiring glasses, they will provide the glasses. There may be others. I don't know of any that provide dentures, but glasses would be



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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

available from place to place, service clubs and other organizations that would give them.

DR. GOVAN: May I comment, Mr. Chairman, that the demands for these things through voluntary agencies shows how different people find ways to pay for them themselves, and therefore raises the question as to whether these things should be provided for voluntarily, on a voluntary basis.

MRS. AYLEN: Would you like to destroy all the voluntary effort.

DR. GOVAN: No.

MRS. AYLEN: Thank you very much.

people who frequently do without necessary food and clothing and shelter they should have in order to meet the cost of drugs, in particular and dental costs are pretty high to meet too. I think we should not think just because there are voluntary agencies prepared to do a little of this it by any means means that the situation is all right. My impression is there would be lots of things for them still to do with the comprehensive health care plan.

THE CHAIRMAN: Dr. Galloway.

DR. GALLOWAY: I have just one question: I am concerned about the lack of personnel. I wonder if this is due to insufficient remuneration or insufficient people who

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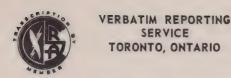
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have the high intelligence of those of you already in it.

DR. GOVAN: The salaries of social workers have been going up. In the Toronto area they are now starting at \$5400.00 and graduation, as of this year. This is higher than in some other communities but in most of Ontario Toronto sets the standard because they are competing with them for staff and they have to reach the same standard. I think, Mr. Chairman, a great deal of the shortage has the same cause as the shortage in nursing, the shortage in teaching that had to be dealt with under emergency conditions. There are not enough people in this age group with University education in the case of social workers, they have such a wide choice of professions at that stage, all of which are demanding their services and doing their best to induce them into their folds. There is a highly competitive situation for young people at this stage.

THE CHAIRMAN: Dr. Butt.

DR. BUTT: You spoke about social assessment and social components and so on. In another brief, it actually hasn't been given, talked about social justice payments. As far as I can figure out what he was suggesting was everybody, indigent or not, by virtue of being in this Province of Ontario deserved to get money for his medical care. This should be given to him as an individual and he can then purchase through choice. What is your opinion on this? Do you think that this



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## VERBATIM REPORTING TORONTO, ONTARIO

could work and how would one do it. You are a social worker. You know all the problems.

DR. GOVAN: Sort of Tike an old Social Credit idea.

DR. BUTT: I am not proposing it. I am asking 6 for education.

DR. GOVAN: I am interested that you relate this to our comments of social assessment.

DR. BUTT: Now, I am just saying those are terms and this is another term that was used and this particular individual felt it was just for the sake of the individual that he should not be told how to do everything but given his 13 amount of money because he is indigent or in a less fortunate situation. He is then in the position of being capable of looking after himself. Do you as a social worker go along with this idea or not, if the money were provided in that way.

DR. GOVAN: I don't know if I can say I have an opinion as a social worker. 18

DR. BUTT: Well, as an organization.

DR. GOVAN: The organization as far as I know 20 21 hasn't discussed this particular point, has it? If you accept 22 Lord Beveridge's view that there should be a blanket below 23 | which nobody should fall, one way of providing the blanket is 24 to provide everybody with a certain income and whatever you get above that is your own. I would certainly think social workers

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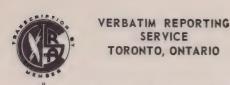
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would support the idea that the person has the right to decide how he is going to spend his money himself and that it is his responsibility to do it. At the same time, again from the social worker's point of view a great many people need help in this, and I think medical care is one of the very definite cases in point. A great many people don't seek care, partly because they are scared of what the doctor will tell them when they get there. They prefer to be sick than to go to a doctor or they are frightened of the implications of what the doctor will say, both financially and physically to them. You have, and perhaps Miss Munns could give illustrations of this, you get mothers for example who refuse surgery because their families cannot do without them for this length of time and they would rather be sick than go into a hospital and follow the doctor's recommendation. There are large numbers of reasons for which people don't seek medical care and it is all related to the complexity of personality, not just ignorance or unwillingness to help oneself and so on.

DR. BUTT: In this instance they are provided with the financial means for obtaining it, they are given the choice of obtaining it or not. Do you think this is the way it should be done or not, this is the essence of the brief.

DR. GOVAN: Theoretically it is possible.

DR. BUTT: You would agree that this is a way

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DR. GOVAN: I would say it is one possible way.

2 I wouldn't say I would support it.

DR. BUTT: I am trying to find out whether you support it as an individual. I think you covered it, you agree but you don't know whether you would support it.

MR. SIMON: I don't know if I understand it properly. The question as I understand it is of a subsidy to certain groups to a certain level. The question is whether we recommend it, whether the Government covers them by insurance or give them the money so they can buy their own insurance.

DR. BUTT: Yes. I wondered what the social worker's reaction was.

DR. GOVAN: I would go one step further than that. Talking about the shortage of social workers there are also shortages of medical personnel and medical facilities and so on. You still have to be able to get the service.

MR. CASWELL: Mr. Chairman, I think the brief
Dr. Govan has presented points out that she wouldn't be in
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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

This is what the brief here says. If you are going to give the money, then it is still permissive and the individual may go and buy medical insurance or may not. If your brief is to stand up--the brief says don't start that. It must be universal coverage. Everyone must have medical coverage whether they desire it or don't desire it. That is what I read on page 3, number 8 under universal coverage.

DR. GOVAN: We say it should be compulsory. I don't think—that was certainly not taken in with the possible alternative of giving everybody money to cover everything.

MR. CASWELL: Dr. Govan giving them the money it is not compulsory. It is permissive. They have the money and they can spend it on candy or medical insurance.

DR. GOVAN: That is true.

THE CHAIRMAN: Does this clear up your question?

MR. CASWELL: I think I have a fair idea of

what this particular group are saying. Thank you very much.

THE CHAIRMAN: Dr. Govan I realize that the attitude or the desire of your Council is that there should be comprehensive coverage for everyone but then you have also recognized that at the present time that may not be a possibility. You have stated that you are not in favour of the means test. You say that there needs to be a needs test. I can fully appreciate your thinking along that line that where, for

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# VERBATIM REPORTING TORONTO, ONTARIO

a group, or a family, but a \$2,000.00 bill could very well be, so that just on the basis of income alone it is very hard to tell just what is burdensome or impossible and what is not.

What you did not suggest, you say that the needs test is hard to administer but you did not suggest how you organize or develop a needs test. Do you have any thoughts on that or has that been given consideration?

DR. GOVAN: In Ontario, Mr. Chairman, the needs test is being used by the Mothers and Dependents Allowance Provisions so that there is some experience within Ontario in the use of a needs test.

THE CHAIRMAN: You think that it is practical on a large scale by service club organizations? Is this practical on a large scale?

DR. GOVAN: I think it would be extremely difficult and this again is why we suggest that there should be subsidy or Government support rather than an individual premium.

THE CHAIRMAN: Any further questions?

MISS CARPENTER: I wonder if we could ask, Mr. Chairman, is this the type of needs test that is being used in Toronto now in relation to requests for visiting nursing service? Perhaps you don't know. As I understand it, groups are being asked to fill in very long forms, take quite a long 25 | time to do. They must be done in a group, or something. Again

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it is embarrassing to the individual so some individuals
will do without the service rather than have to answer these
questions so that you get back to the point of where the
voluntary agency is now trying to meet a need but can't meet
it because of the type of test they are being asked to
administer and also taking a great deal of their time.
DR. GOVAN: I am not familiar with the specific
test.
MISS CARPENTER: That is at least part of your
administrative problems?
DR. GOVAN: Yes, it is one of the problems.
THE CHAIRMAN: There does not appear to be any
further questions. Have you a further statement you would
like to make?
DR. GOVAN: I would like to thank the Committee
for their attention and for giving us the time to appear before
it. We are extremely appreciative of this.
THE CHAIRMAN: Thank you.
PRIVATE BRIEF OF MR. D.K. SUMMERHAYES DIRECTOR

OF THE CANADIAN CYSTIC FIBROSIS FOUNDATION.

THE CHAIRMAN: Have you had an opportunity to 24 read the statement on the table there?

MR. SUMMERHAYES: Yes.

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MR. SUMMERITATES: Yes.



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THE CHAIRMAN: Are you alone Mr. Summerhayes?

MR. SUMMERHAYES: Yes, I am.

THE CHAIRMAN: Will you proceed then please?

MR. SUMMERHAYES: Mr. Chairman, members of the Committee on Medical Health Services, I would like to clarify that this brief has been presented not -- or at least was originally presented not as a representative of the Canadian Cystic Fibrosis Foundation but as a brief from a citizen interested in medical health service in the Province. It has since been considered, at least been submitted to the Association or to the Foundation and is being considered for adoption as our brief.

The reason for submitting it as a private citizen is that I feel there has been a lack of any insurance coverage for chronically ill persons. There is a definite need. It was with a great deal of thought and after reading some of the initial submissions to this Committee that I decided to submit a brief and, therefore, I have not had, or did not have an opportunity to contain it completely within the context of Bill 163. I did not have a copy of Bill 163 at the time that this was prepared so if I did wander a bit, I hope you will bear with me.

I also want to make clear the fact that as a businessman and in my own business and as a believer in the free democratic society as opposed to a socialistic society,

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I do not believe that any health program should be paid out of taxes. I believe it should be primarily, at least a major portion should be paid out of contributions by the citizens working in the Province. Those who are unemployed and are indigent, as near as I have been able to find out in the last five years that I have been connected with voluntary health associations, receive fairly good basic medical assistance.

Relating it specifically to cystic fibrosis, I know in several cases where inhalation therapy equipment has been required, and drugs have been required and the children have received total care, better care than those in the low income bracket. For example, those in the \$50.00 a week income bracket. I believe partially in what Dr. Govan said, that there are medically indigent people who are earning a living trying to hold their head high in the community trying to provide for themselves but are being driven deeper and deeper into debt because they have not got adequate medical health insurance. Most of the private medical health plans, and I say most, there are a few in recent years that have come out on an individual basis, but most of the medical health insurance plans that have been provided today have been through group plans in industry provided by private insurance companies. That is the type of insurance I feel is the best for the people but this is not available to all of the people.

An example is that in many rural communities

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individual farmers cannot get it unless they join into some group and enter into a contract with private insurance companies on a group basis or non-profit corporations, such as P.S.I., Blue Cross, etcetera. Therefore, I believe that Government must take a stand, and take a hand in medical health insurance but I do want it clear that I believe it should be on a contributory basis from earnings and kept separate from the indigent through lack of income. I am dealing primarily with the person who is working and earning a living regardless of how meager it may be.

I am concerned with those who are willing to help themselves and are trying to help themselves; not those who are what you might call or I have heard called professional charity cases. I think it is 6% of the population that is constantly on welfare. These people, the children that I have been connected with, have been fairly well cared for.

One other point I would like to make is that a person earning \$6,000.00 a year, upwards of \$6,000.00 a year, often can be a medical indigent because they may have to spend two or three or even \$4,000.00 on medical care and the only place they currently have to go for it is to the voluntary agencies and oftentimes the voluntary agency takes a look at their income and a home that they may have bought before they became medically indigent, and say well they don't need help. This happens in our community and other communities

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and in our society. I believe that any policing of a needs test, medical needs test could be done, should be done by the medical profession this being, I believe, one of the most honourable professions in our country, in our society and I think they could be relied on to police any medical needs test.

One other point of clarification is that because this was submitted late, and rather hastily, I found a number of typing errors in my original brief as submitted to this Committee. I advised Mr. Turner that there is a revised brief, not changing the content or anything of the brief, but merely correcting the typing errors and adding words that were left out in the original typing.

Very quickly I would like to go down and review the brief. Appendix 1 is an outline, why the brief was submitted.

Appendix 2 describes what Cystic Fibrosis is, very quickly, and what the Canadian Cystic Fibrosis Foundation has done since its inception in 1959 to help those afflicted. The brief itself, paragraph A, item (a) equipment. The equipment cost shown here of \$200.00 per unit -- this is on page 5 of the brief -- is available at that cost only because members of the Foundation have worked very hard in developing new types of equipment that have been approved by the medical profession and been able to reduce the cost.

One point I would like to make is that initially



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in purchasing this equipment it had to be brought in from the United States and as an individual importing this equipment, I would have to pay 22 and a half per cent duty, plus 11 per cent Federal Sales Tax because it is not considered in the classification of oxygen equipment which uses compressed air. This is aerosol equipment. It is basically the same type of equipment. Looks very much the same but doesn't fit the classification. Therefore, it was dutiable so for this reason the Foundation imported this equipment and supplied it on a donation basis. We somehow received relief from this by being classified by the Federal Government as a hospital. I don't know how we did it.

One other point is that this equipment, if purchased by an individual, is not deductible from income as a medical expense. Again, it does not fit the classification of oxygen therapy equipment and therefore it isn't deductible. The equipment, as I pointed out, would run considerably more than \$300.00 if an individual wanted to purchase it directly from a medical equipment supply house.

Now the next paragraph, paragraph (b) under

Drugs, I have come up with an estimate and this is one of the

errors in the original submission. The drug costs run anywhere

from \$50.00 to \$150.00 per patient and that should be per

month, with an average of \$75.00 to \$100.00 per patient per

month. Now this is definitely a low estimate because this is



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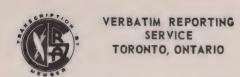
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SHOULDE SATER THE BOOK OF THE STATE OF THE S I would have to pay 22 and a half per cent duty, plus 11 per cent Federal Sales Tax because it is not considered in the classification of oxygen equipment which uses compressed air. This is aerosol equipment. It is basically the same type of equipment, " Looks very much the same but doesn't fit the classification. Therefore, it was dutiable so for this reason donation basis. We somehow received relief from this by being 100 classified by the Federal Government as a hospital. I don't 1 15 know how we did it. One other point is that this equipment, if 181 purchased by an individual, is not deductible from income as a medical expense. Again, it does not fit the classification 13 of oxygen therapy equipment and therefore it isn't deductible.

a medical expense. Again, it does not fit the classification of oxygen therapy equipment and therefore it isn't deductible. The equipment, as I pointed out, would run considerably more than \$300.00 if an individual wanted to purchase it directly from a medical equipment supply house.

Now the next paragraph, paragraph (b) under Drugs, I have come up with an estimate and this is one of the errors in the original submission. The drug costs run anywhere from \$50.00 to \$150.00 per patient and that should be per month, with an average of \$75.00 to \$100.00 per patient per patient because this is



based on our experience of purchasing these drugs for these children at reduced costs from druggists, where they do not take full mark-up or through wholesale houses that have made a special arrangement with us. Taking it at the retail value, these drugs often run as high as \$300.00 a month; an example being with Staphcyllin, for aerosol use by face mask will cost a family upwards of \$125.00 per month solely for that, plus the other antibiotics, plus the digestive enzyme plus any other medicine a child has to take so that you must add to that \$125.00, at least another \$100.00 to \$125.00.

At the present time there are very few insurance companies that will knowingly take a child or a family with a child with a drug bill like this; not even in a group. I was fortunate. I got into the first extended health benefit group that P.S.I. had but I have since -- there is a limit of \$4,000.00 in that -- I have since inquired from the insurance companies and they will not knowingly take a group, particularly a small group of people in with something of this nature. This is what I am talking about, the medically indigent. A family that is spending two or three thousand dollars a year on drugs and equipment therapy, physical therapy is necessary. It is vital to the welfare of the cystic fibrosis child. The periods of therapy run from one to one and a half hours per day average that the mother must spend giving physical therapy to each child.

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

If they have more than one, it is considerably more. It is almost an impossible task for the mother if they have more than one child. Now this has increased, this amount of time is increased during periods of severe infection. Therefore, oftentimes Victorian Order of Nurses, physiotherapist or someone trained in this type of treatment must be brought in from outside and must be paid.

Clinical treatment and assessment is vital to the welfare of the child. They must attend clinics regularly in order to assess the amount of lung damage they have and to control it.

Homemaker-assistance. I feel this is something that should be provided particularly in homes where there is more than one afflicted child. The emotional strain on the mother, particularly, of having to do the treatment, having to pay for the unduly heavy cost of drugs, finding the money and having to face the realistic truth that all of this at the present time will not save her child, because her child will pass away eventually, all the things she is giving up, places a tremendous emotional strain on the mother if she doesn't get away from it periodically for at least half a day or a day a month. I know of several cases where the mother has had a mental depression only because she couldn't face the strain of the care and the fact that the child would eventually pass away. There is also an emotional strain on

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eventually pass away. There is also an emotional strain on

the other members, the normal children in the family in that the parents cannot spend the time with them, helping them with homework and with their needs, their special needs and every child, I believe, has special needs and needs special love and attention, but the mother, the parents of a C.F. child cannot spend this time and I think homemaker assistance should be provided to ease this emotional stress.

I think I have covered pretty well the why's which is in the next section of my brief. The only thing I would like to point out here is that there are some children, because of the excessive burden, are not getting total care; that families are doing the best they can but they do not want to enter into a means test and the Foundation, because of limited funds, must have some form of a means test for supplying drugs. We do supply drugs to some families. They struggle along and as Dr. Govan said they cannot afford the drugs, they go home and they don't get them.

The other thing is that under 4 of why is this assistance required, I pointed out that some representation should be made to the Federal Government for consideration of travelling expenses for the people who must travel to clinics such as in the case of cystic fibrosis children where they go to a medical teaching centre for assessment. These are the only places that currently qualified personnel are available for assessment, and the equipment. But these expenses should

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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

be deductible from income. I put that in not because I feel that it should be covered by this Commission but possibly a recommendation from this Commission to the Federal Government might bear more weight than a small organization such as ours. In the United States, I have to take my children to a clinic in Cleveland and in the United States these expenses are considered deductible medical expenses. They are scrutinized by the Tax Department very carefully but they are considered as a deductible expense.

Ladies and gentlemen, this is my brief. If there are any questions, I would attempt to answer them.

THE CHAIRMAN: Thank you Mr. Summerhayes.

Mrs. McArthur?

MRS. MCARTHUR: Mr. Chairman, I would like to confess to Mr. Summerhayes one convert to understanding a problem that I had not really been too aware of before and I did do some additional reading, which perhaps I would not have done if I had not had the opportunity of reading your brief. I think perhaps the key sentence in relation to this hearing is in the last, the very last sentence of your brief, that this whole problem should be reviewed in relation to any extension of hospital insurance in Ontario. Thank you for taking this opportunity of putting the problem before us. If at any time a more comprehensive coverage could be considered, or if it is considered, and I take it for granted that you see, in Bill

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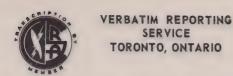
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163, no limitations in relation to the medical care that would be available -- am I correct in that statement?

MR. SUMMERHAYES: No. I would say that there should be limitations but that the chronically ill person and I dealt primarily with cystic fibrosis because this has been where my experience mainly has been, there are other chronic illnesses but I feel that in the case of the chronically ill, where they cannot obtain, particularly where they cannot obtain health insurance from private carriers, that they should be embraced within this.

Now I would like to point out that one area that I think would be a definite advantage to the present Ontario Hospital Insurance Commission to include is the extension of outpatient care in physiotherapy, in homemaker assistance and things of this nature because right now when a child with cystic fibrosis is taken ill with a severe lung infection, the doctor is concerned with getting the best possible care for that child. If there are two C.F. children at home, the mother can't give it. They require specialized care so that he has to hospitalize the child. This is not necessarily the best thing for the child and it is not the least costly. The least costly would be to have the physiotherapist go to the home and give the child the physiotherapy treatments that are required three or four times a day. It would mean three or four trips but I believe would be less costly than putting the

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

child in hospital and paying the room and board and this is the type of thing that I feel should be covered: Extension to the extended care through outpatient care.

MRS. MCARTHUR: In other words, what you are saying is in their first steps what is required is an extension of the hospital insurance benefits rather than an extension at the moment in Bill 163 for the payment of the doctor to give service:

MR. SUMMERHAYES: Yes.

MRS. MCARTHUR: Which is provided.

MR. SUMMERHAYES: Definitely, I feel that the payment of the doctor, and as I pointed out in the beginning I haven't had an opportunity to review Bill 163 but in most cases the working public is covered under group insurance plans provided at their place of employment. It's the extended health benefits, the real burdens in the form of drugs and outpatient hospital care that I believe makes a family medically indigent. In most cases you go to a doctor and if you haven't got health insurance most doctors will give care.

MRS. MCARTHUR: I think you made your point quite clear there.

THE CHAIRMAN: Mr. Coulter?

MR. COULTER: I don't have too many questions,

Mr. Chairman. Mr. Summerhayes I too am a new convert. I



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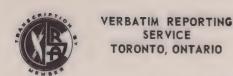
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Mr. Chairman. Mr. Summerhayes I too am a new convert. I



never heard of it before until I got your brief; probably unfortunate that I haven't. In your appendix 2 you say that clinics are being set up in the various cities, and particularly in Toronto, London and Ottawa. How are these clinics set up and who sets them up?

MR. SUMMERHAYES: The clinics were set up by the hospitals, the medical teaching hospitals.

MR. COULTER: Is this a request from your foundation?

MR. SUMMERHAYES: They have come about frequently because of the work the foundation has done. We have been supporting them to some degree, but most of this is coming from the hospitals. The only clinic in 1959, the only clinic in Ontario was at Sick Children's Hospital, and it was run as part of the general outpatient's clinic where the doctor involved attended C.F. cases, as we call them on a certain day every week because that was the day he supplied his services to the clinic, but he had to see all cases came to the clinic that day regardless of what they were. Now there are several C.F. clinics in those three hospitals. I might point out Kingston is in the process of setting up a clinic and one is being considered for Hamilton.

MR. COULTER: That is my next question. We will include Kingston and Hamilton, what about people living north of Parry Sound.



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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

MR. SUMMERHAYES: They must travel to Toronto or one of the other clinics. That is why I pointed out that.

MR. COULTER: Have you any information which suggests there should be a clinic in Sudbury or Sault Ste.

Marie or Fort William.

MR. SUMMERHAYES: I cannot speak of Fort William I don't know the exact number of cases out there. In Sudbury, Timmins, areas north of North Bay we know of at least fifteen children, and fifteen children would support the treatment clinic one day a month.

MR. COULTER: How does your foundation raise its funds at the moment.

MR. SUMMERHAYES: At the moment we raise our funds only through voluntary donations from people who have heard about us and know of children with Cystic Fibrosis and we have conducted limited fund raising campaigns on a local basis.

MR. COULTER: On page 6, section b the very last line "this should be covered for clinics, either in Ontario or other parts of Canada or outside Canada. I don't think you mean this. It certainly wouldn't apply to Bill 163 or the Ontario Hospital Service Commission.

MR. SUMMERHAYES: Clinical assessment, as I pointed out, it is available at the present time only in certain limited areas. Now, some clinics are better equipped



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certain limited areas. Now, some clinics are better equipped



and have a more experienced staff than other clinics. I still believe in free choice, the democratic principle and I think it should be paid, a person that wants to go to Cleveland, such as I do, pay my subscription rate for health insurance to cover this, should be paid on the basis of one of the Ontario clinics. In other words if I go to Cleveland and I could go to Toronto for \$5.00 a trip and in Cleveland it is \$10.00 I feel I should be reimbursed to the extent of \$5.00.

MR. COULTER: You are saying to this Enquiry if I live in Cochrane and I have a child afflicted with this and I chose to go to Cleveland rather than to go to one say in Sudbury or Sault Ste. Marie or Fort William that I have the free choice at the taxpayers expense to take my child to Cleveland?

MR. SUMMERHAYES: No. In the beginning I said
I didn't believe health insurance should be paid out of tax.
I think it should come out of contributions by people who work.

MR. COULTER: I think you mentioned later on the last page, or some place, that travelling expenses should be paid?

MR. SUMMERHAYES: No, I feel that representation should be made to the Federal Government for travelling expenses to be made deductible from income as a medical expense, not that they should be paid.

MR. COULTER: How about a person that was



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MR. COULTER: How about a person that was



indigent or unable to pay.

MR. SUMMERHAYES: Then they should attend, the children should attend the nearest clinic, and I believe this is where the voluntary agencies should then step in to provide the travelling expenses for the indigent to the nearest clinic. If I choose as an individual to pay the expenses to go to Cleveland or Toronto, to what I consider to be the best clinic, then I think I should have a choice and only be reimbursed on the going tariff, the tariff set by the Commission.

THE CHAIRMAN: Dr. Galloway.

DR. GALLOWAY: I am sure Mr. Summerhayes has recognized the sympathy we all have for this cause. I recognize the tremendous public relations job they have been doing. After listening to him I can appreciate that. I would almost like to help you by questions. Can you tell me what the effect of hereditary and environment has.

and according to the statistics available it occurs in one in every one thousand live births. They are considered to be, and I have to put it this way, because in Canada we haven't actual statistics, the Health Department haven't gathered any and we are going by American Statistics, but I believe it applies, that there is considered to be a trait in every 30 to 50 adults in the population. These adults must unite in marriage and each must carry the trait in order to produce a

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

C.F. offspring. Does that answer the question?

DR. GALLOWAY: That answers the first part.

Does environment play a part?

MR. SUMMERHAYES: Environment, no, not in general knowledge at the present time. Environment would definitely play a part to the well being of the child, the C.F. child whose parents were in an environment where they didn't get the proper care, but it doesn't play any part in the production of the C.F. child.

DR. GALLOWAY: With the increasing number of diagnosis that are being made of this disease, it is a question of increasing the number of children surviving for a certain number of years. Some years ago polio was such a dreadful scare a number of insurance companies established an actual polio insurance one could buy for a reasonable sum for a three year period. Has your organization ever thought of selling such an insurance program?

MR. SUMMERHAYES: No, we didn't. We operate without much in the way of paid staff. We actually hired the services from the Canadian Council for Crippled Children, and this has never been considered, mainly because of the work involved and the fact that incidence is so high that it would be difficult to find a carrier to carry the burden for a limited group. I feel it should be spread over a much broader group than just the groups we would find here.



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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

DR. GALLOWAY: You mentioned one in a thousand births developed a child with this disease. Have you any idea of the number of births in Ontario per annum.

MR. SUMMERHAYES: I haven't the figures, the recent figures in front of me on the number of births in Ontario, but I do know that we have upwards, we know of upwards of a thousand cases of Cystic Fibrosis now, and we know that not by any means have all the cases of Cystic Fibrosis been diagnosed. We had one case brought in recently when the child was twelve and it was just then diagnosed. This was unusual, but they will survive that long without proper treatment.

DR. GALLOWAY: Thank you very much.

THE CHAIRMAN: Can you reconcile these figures for me. You say you know of a thousand cases and you say there are 200 to 250 children under treatment. Do you mean the rest are not under treatment?

MR. SUMMERHAYES: So far as the children under treatment, these are under treatment in the medical centres. There are many who are presently attending the clinic for regular assessment. They have been diagnosed. They have gone back to their homes and are being treated by their own family physicians and not coming back to regular assessment.

THE CHAIRMAN: Is this because that type of treatment is satisfactory in their particular case or because



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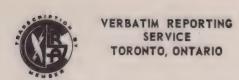
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they are unable to afford it.

MR. SUMMERHAYES: It is primarily because of the cost burden of drugs and equipment, homemaker assistance, physiotherapy care, that they can't afford to travel back and forth, primarily because of that, for that reason.

THE CHAIRMAN: It would seem to me that is a very serious consideration for your Foundation.

MR. SUMMERHAYES: This is true, but at the present time we are \$33,000.00 in the red.

THE CHAIRMAN: I mean a serious consideration whether you are able to cope with it or not.

MR. SUMMERHAYES: It is. The Foundation is trying to encourage hospitals to make at least treatment centres, if not assessment centres, have good research centres available. We are trying to make treatment centres available in a much broader area of the Province, but we must receive assistance from the hospitals, the medical profession, the Department of Health and other voluntary agencies, and these are pretty difficult groups, sometimes to bring together.

MR. NAYLOR: I think my questions have been largely answered, but I was curious to know, Mr. Summerhayes, if the traits which certain adults have to transmit the disease to children may be diagnosed.

MR. SUMMERHAYES: No, it can't. At the present time it can only be discovered because they produce the C.F.

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. . . . MR, SUMMMRHATES: It is primarily because of

the cost burden of drugs and equipment, homemaker assistance.

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

offspring. One thing I should point out is you can have two people with the C.F. trait marry and not produce C.F. offspring because chances are one in four of having a C.F. child.

DR. BUTT: Genetically it is known as the recessive gene.

MR. SUMMERHAYES: The other thing if one adult has the C.F. trait that this trait would be passed on so it could crop up several generations later.

MR. NAYLOR: That is all.

THE CHAIRMAN: Dr. Butt.

brief but I think this might be of assistance, and I am sure the Western Hospital will not appreciate my saying this but the Hospital initiated a home care program. There is one at Western and one at Mount Sinai, provided you can get in you can get home care provided up to sixty days and additional days of care will be provided where there is evidence of necessity. Home care provides for nursing visits, physical and occupational therapy, all necessary laboratory tests, x-ray study, drugs, medicines and dressings and all hospital or sickroom equipment needed. Maybe there is one answer.

MR. SUMMERHAYES: You say it is sixty days?

DR. BUTT: Additional days of care will be provided where there is evidence of necessity.



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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

MR. SUMMERHAYES: How long would that go on?

DR. BUTT: I have no idea. Here it is.

MR. SUMMERHAYES: We have been trying to get some similar provision for Sick Children's.

MR. BUTT: Here is one. It was established since 1961, 1961. Maybe you could investigate. I am sure that the hospital wouldn't appreciate me telling you.

MR. SUMMERHAYES: Thank you very much. I appreciate that.

THE CHAIRMAN: Any further questions?

MR. CASWELL: May I just ask Mr. Summerhayes does your Cystic Fibrosis Association endeavour to assist all these thousand cases with the things which you purchase and have and which are necessary to them or just the two hundred or two hundred and fifty who attend the clinics.

MR. SUMMERHAYES: I would say our equipment is given out to probably around 250 or possibly 300. We will provide it to anyone, any person who requests it. Many of these haven't requested, and there are some doctors in the medical profession who don't necessarily agree that this is the best treatment. The clinics in North America, they consider it the best treatment, but each doctor can decide for himself and some doctors don't ask their patients to request these because they feel they can provide the necessary care in other ways. We now have in Ontario, I would estimate

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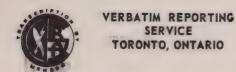
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MR. CASWELL: Thank you, Mr. Chairman.

MR. SIMON: Mr. Chairman, one thing on Bill 163 for medical benefits. The patients would be able to pay insurance and no carrier would be able to refuse them insurance under this Bill. If I may be permitted one more comment, Mr. Chairman, you have referred several times, you made statements that you are against Government subsidization and so on and then your last request is that the Ontario Hospital Commission assume the responsibility for these patients. Don't you think that these are Government subsidies?

MR. SUMMERHAYES: I am not asking them to assume 13 the responsibilities. I believe the responsibility should remain with the parent and that the parent should accept the responsibility. I am asking that the Ontario Hospital Services Commission provide, as you say Bill 163 will provide, that the insurance could be made available for these families to assist them in their supply of drugs and equipment. I am not asking for, and the last thing I would want as a business man and, as I said, a believer in free democratic society, the last thing I would want is that the individuals receive total -22 assistance from the Government because I believe this takes <sup>22</sup>**23** away the initiative from the individual.

MR. CASWELL: I didn't mention one thing, the Bill, and perhaps Mr. Summerhayes doesn't know at the moment,

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

doesn't take in drugs and equipment. For the C.F., drugs and equipment is a heavy expense. It is going to cover medical, but the greater part of the payment with the C.F. child is the cost of drugs and equipment. If help is to be given this is where it should be given.

THE CHAIRMAN: Any further comments or questions?

MR. MAJOR: Could I ask just one question. Mr.

Summerhayes, you mentioned you had some coverage from P.S.I.

MR. SUMMERHAYES: Yes.

MR. MAJOR: Is that you, personally?

MR. SUMMERHAYES: Yes.

MR. MAJOR: Do you know of any C.F. people that

have coverage through P.S.I.?

MR. SUMMERHAYES: Yes, there are a few.

MR. MAJOR: Do they have extended health benefits?

MR. SUMMERHAYES: There are very few with

extended health benefits. It is a limited plan just brought

out two years ago on an experimental basis. Our group was very

19 fortunate that we were one of the first selected. We were

20 selected as a small group as an experiment for this extended

health benefit. There are not too many firms that do carry it.

MR. MAJOR: What I was going to ask was P.S.I.'s

extended health benefit plan covers drugs, physiotherapy and

24 appliances, and I imagine that the tent you are talking about

would be covered. Do you know of anybody that has got benefits

# VERBATUR REPORTING 164 FILE TORONTO, ONTARIO



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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

1 on a C.F. basis for this?

MR. SUMMERHAYES: As I say I have benefited personally from this, but I might point out that their limit is \$4,000.00 and you will reach that in about three to four years.

MR. MAJOR: Isn't there a clause that says after expenditures of \$1,000.00 you can raise your maximum.

9 ed arrested or cured and then you can apply for additional
10 benefit.

MR. MAJOR: I think you should write and ascertain that.

MR. SUMMERHAYES: I have been to see them.

MR. CASWELL: I think it is fair for Mr.

Summerhayes to know that Mr. Major is General Manager of P.S.I. and he is sympathetic to you. I think you should call on them and what he tells us could be to your benefit.

MR. SUMMERHAYES: What was the name again?

MR. CASWELL: Mr. Major. I am most sympathetic and I think you should follow it through.

MR. NAYLOR: I would also inform you there are a number of insurance companies that will sell group plans which would cover these expenses under major medical or comprehensive type of plans. They would cover groups, perhaps, over 25, and maybe below that level.

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# SERVICE TORONTO, ONTARIO

MR. SUMMERHAYES: Our firm has 50 employees and I have been turned down by two companies. The third company after they heard about it didn't come back and the fourth company said they will consider it, but they have refused.

MR. NAYLOR: I think you should apply without telling them. You are not obligated to tell them.

MR. SUMMERHAYES: That is not my nature. I will take your suggestion and see Mr. Major.

THE CHAIRMAN: Mr. Summerhayes I think that the questions of the members of the Enquiry and the comments which have been made by the members of the Enquiry indicate that they are entirely sympathetic to your problems here. I believe you have done a great deal to enlighten many of us who weren't familiar with these problems. I hope that some of the publicity that may appear as a result of this may be also helpful to your Foundation in bringing forward the great need that does exist on the part of these families who are afflicted with this unfortunate disease. Personally I wish to congratulate you on the effort that you have put forward in your presentation.

MR. SUMMERHAYES: Thank you, Dr. Hagey, Ladies and Gentlemen. Thank you very much for the opportunity of appearing.

THE CHAIRMAN: We will adjourn to 2:15.

--- Luncheon Adjournment.

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

--- On resuming at 2:15 p.m.

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spokesman?

Chalke?

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# SUBMISSION BY THE ONTARIO PSYCHIATRIC ASSOCIATION

Dr. R. Chalke, Appearances:

Dr. A. Miller,

Dr. H.C. Moorhouse, Dr. J.D. Atcheson, Dr. H.W. Henderson, Dr. K.G. Gray.

THE CHAIRMAN: Ladies and gentlemen, I assume that the group in front of us is the delegation from the Ontario Psychiatric Association. I presume you have had an opportunity to read the statement on instructions have you?

> DR. CHALKE: Yes.

Then is it Dr. Chalke who is the THE CHAIRMAN:

DR. MILLER: As Chairman of the Ontario Psychiatric Association I wonder if I might introduce Dr.

THE CHAIRMAN: Certainly.

Psychiatric Association is gratified at this opportunity to meet with the Commission sir and this Committee, which represents 275 physicians practicing psychiatry and who are members of the Ontario Psychiatric Association has prepared this brief,

which you have before you, because this organization considers

DR. MILLER: First of all, the Ontario

--- On resuming at 2:15 p.m.

A STATE OF THE STA e e e e e Dr. H.C. Moorhouse, 1.18 50 50 Dr. K.G. Gray.

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

it essential, at this stage of medical history in Ontario, any plan providing care for people with health problems must include provision for the care, of the same standard, of psychiatric disability. This is considered essential not only because of the large numbers of people suffering from a variety of psychiatric disorders, which are recently estimated to be 15 thousand annual admissions to psychiatric hospitals, about 25 thousand patients treated in non psychiatric hospitals, such as community and mental health clinics, and the estimated figure of at least 10% of medical problems treated by general practitioners, but because of the clear evidence that psychiatric treatment has proven its effectiveness in many of the psychiatric problems that people have and that the considerable increase in psychiatrists and psychiatric personnel has reflected this trend I mentioned a moment ago and, therefore, has made the needed therapy possible.

of psychiatric illness and the growth of more effective therapeutic methods has been reflected in a great expansion of psychiatric teaching in the medical schools, which are estimated to be 500% over that of 1945, and this has equipped the graduating doctor with a greater skill in recognizing and treating psychiatric disorders and, consequently, is being used a great deal more than 15, 20 years ago.

Therefore, it can be said although humanitarian

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reasons for providing treatment of sick people are important, the practical issue behind the brief is that modern methods of treatment in psychiatry have shown their effectiveness beyond any doubt. For this reason this Association considers that it must become available to anyone in this Province who requires it and, therefore, it should be available under the operating conditions of a health plan.

Now the Committee, which has set up the brief which you have before you, was chaired by Dr. Chalke, who is to my left, and he will be the main spokesman.

At this particular time I would like to introduce the members of this Committee. Starting on my right, Dr. Ken Gray, who is our Counsel. Dr. H.W. Henderson, who is Secretary of the Ontario Psychiatric Association. Dr. J.D. Atcheson on my left who is the President-elect of the Ontario Psychiatric Association. Dr. H.C. Moorhouse next to him, who is the Secretary of the Committee who prepared this brief, and then Dr. Chalke who will be the spokesman for this group.

DR. CHALKE: Mr. Chairman, I might take five minutes to just draw attention to some of the things we feel are rather important. I am not going to review with you the history of psychiatry and treatment in psychiatry, because I am sure the members of the Commission know two patterns have developed in psychiatry and are now treated in two ways.

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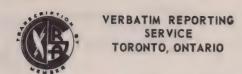
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ways, as a result of accident of history, unlike other forms of illness. This is damaging to the treatment and damaging to the patient as people working in this field have become aware over the last few years and every responsible medical body in this country, including general medicine and psychiatry and lay organizations have all been expressing the opinion, backed up by some good evidence, mental illness should be treated on the same basis as any other illness. As has been said, this is an axiom from which we can proceed.

Now this is beginning to happen in Ontario in a number of different ways. There are now, since the war, a good many people engaged in the private practice of psychiatry, just as in surgery, obstetrics, or any other specialty field. Secondly, general hospitals now have accommodation, which they did not have a few years ago, for taking care of psychiatric patients. Thirdly, people are now admitted to mental hospitals quite informally without legal requirements; once upon a time the only way you could get into a State mental hospital, Provincial mental hospital. Fourthly, the mental health clinics that have been set up as Provincial organizations are gradually being transferred under the administrative direction of local general hospitals in communities and finally, and most important from our point of view, medical care plans are beginning, and some of them quite extensively, to cover the treatment of psychiatric illness.

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

Now it is our concern sir that if, for the first time in this Province, the coverage under a medical insurance plan is laid down in the law, that this will, in a sense, put up a barrier, or could put up a barrier to further progress in this direction because, as it is now each company is gradually sort of feeling their way forward. As accumulated knowledge becomes available to them, one step further takes place and we would be concerned if there was any indication that we would be frozen at the status quo on the date any such Bill became law, and that nothing further could be done except to preserve the two systems that are now in effect.

It does not say so in Bill 163, but there are some people who feel that exemptions, or I think this is under Schedule A, implies that psychiatric care is not going to be covered. Now it can be easily seen there how one can get around this particular exemption.

One thing that we are concerned about is that it be sort of open and above board. That this should be covered and it should be known to be covered. You don't have to read in the fine print of a law some way around it in order to cover it. Our reasons for this particularly are that we know that it is important in any medical treatment that the physician-patient relationship be preserved as the responsibility of a doctor for a patient, and that there is a great deal implied in this and this is one of the reasons,



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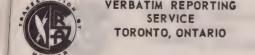
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It does not say so in Bill 163, but there are some people who feel that exemptions, or I think this is under Schedule A, implies that psychiatric care is not going to be covered. Now it can be easily seen there how one can get

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One thing that we are concerned about is that it be nort of open and above board. That this should be covered and it should be known to be covered. You don't have to read in the fine print of a law some way around it in order to cover it. Our reasons for this particularly are that we know that it is important in any medical treatment that the physician-patient relationship be preserved as the responsibility of a doctor for a patient, and that there is

a great deal facilted in this and this is one of the reasons,



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I think, the formula being proposed here is being proposed the way it is.

We feel if this argument is a valid one for medical care in general, certainly where the illness is one of emotional origin, there again the relationship between doctor and patient is very often the single most important thing in the patient getting better.

If this is a good argument for medical care in general, certainly a good argument in relation to psychiatric care illness.

Finally, the way the insurance is now operating and as one would reflect that it would operate under Bill 163 in anything like its present form, psychiatric care will be available from the private practitioner in his office and in the general hospital since there is nothing that excludes it at the present time and most people who will be covered will tend to choose this way. Now what concerned us is if it is not extended, as we recommend to cover all psychiatric care we think that this would mean psychiatrists, new psychiatrists will tend to want to practice in this way because it is the best way for their patients; the most satisfying way to practice. This would, in the end, tend to denude and make even more difficult the difficult circumstances that the Provincial Government Service now has in staffing its hospitals, so we would feel this can only be corrected by making it

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

possible to practice medicine in Provincial institutions in the same way that medicine is practiced in community hospitals or general hospitals.

As far as our recommendations go sir, we have presented our arguments I think elsewhere. We would be more than happy to answer any questions relating to them. Recommendations three, four, five and six I think are the ones that bear most directly on the coverage and cost of coverage. One of the things, in informal discussion that we have become aware of is insurance companies and insuring agencies of various kinds tend to back away from this whole field partly because (a) we feel, erroneously, perhaps, the cost would be enormous, astronomically out of the range of any conceivable amount which can be paid. We could be wrong. Secondly, they do not have much actuarial information to go on and we would like to suggest the figures we have given here, which I have not heard disputed by anybody, would provide a cushion for a number of years if this was taken as probably the maximum that could conceivably be spent on this care, the medical component of it and that at the end of five or ten years, or five years one would then have some experience on which one could establish a better rating pattern, if necessary but we could not conceive how this amount could be exceeded in the next few years.

The second point is that under the present plan we are not suggesting this is going to cost \$13,000,000. more

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

dollars than it does now to provide psychiatric care because already at least half of this is chargeable against existing insurance plan, or is being paid by the individuals themselves. The other part is being paid by general tax tariffs anyway, so that this does not mean an additional amount to this effect.

Our costs are not contained, since I gather that the Commission may be interested in costs, they are not contained in the preamble and recommendations, but on page 21 of the brief.

THE CHAIRMAN: Thank you. I think some of the members of the Enquiry have some questions to ask you. Dr. Butt?

DR. BUTT: I would be most interested to find out if this organization is part of the O.M.A. Is it a section of it or your own Association?

DR. CHALKE: It is not our own Association. It is the Association of Psychiatrists and most of us are members of O.M.A., in addition.

DR. BUTT: Do you have a section of psychiatry within the Ontario Medical Association?

DR. CHALKE: Yes.

DR. BUTT: Does this brief essentially coincide with their recommendations do you know?

DR. CHALKE: Well the O.M.A. has been informed of this, the section has been informed. Whether the O.M.A.

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is going to include or not include a section on neurology and psychiatry, we cannot answer.

DR. BUTT: How many members would there be in your Association?

DR. CHALKE: 275.

DR. BUTT: And of that membership would many of them be practicing within what I know as the Ontario Hospital, so-called mental hospital as such on a full-time salary?

DR. CHALKE: Yes. I would say approximately half of them.

DR. BUTT: Half of them would be there?

DR. CHALKE: Yes.

DR. BUTT: Then we come to the next point of your recommendation 4: Psychotherapy should be limited to the cost of the equivalent of 50 hours per annum. Now in the back you give \$12,500,000, or something, as the overall cost. What are you suggesting this particular psychotherapy would cost? Surely it isn't that whole \$12,000,000. I am wondering what is represented by this recommendation 4.

DR. CHALKE: The total figure, if you refer to page 21 sir, consultation is based on the ordinary medical sense, a psychiatrist being asked to see a patient through his referring doctor in the hospital or out of hospital. We have estimated the number per thousand per annum in Ontario would cost roughly \$1,000,000. Now having seen patients, some

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

1 of them you admit to the hospital. Some of them you treat 2 in your office by psychotherapy or by drugs or by a combination 3 of both and the \$5,000,000, which is ambulatory treatment 4 includes all the psychotherapy that would be given outside a 5 hospital. DR. BUTT: This equivalent of 50 hours per 6 7 annum means outside of hospital? 8 DR. CHALKE: That means outside of hospital, 9 yes. 10 DR. BUTT: And therefore be: \$6,000,000 more 11 or less. Is that right? 12 DR: CHALKE: Be \$5,000,000. 13 DR. BUTT: What about consultation? 14 DR. CHALKE: That is recommendation 3. We separate treatment from consultation. 15 16 DR. BUTT: Treatment and consultation are 17 separated? 18 DR. CHALKE: Yes. 19 DR. BUTT: Then could you give me any idea of 20 -- you say half your organization are under salary at this

-- you say half your organization are under salary at this time. Now suppose they decide, as you seem to think they will, they prefer to be under this type of thing. What amount of money are they being paid and how much then would have to be put into the premiums to cover these people?

In other words, half your organization would now

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

come under this type of bill rather than under the tax situation of the Ontario Government.

DR. CHALKE: Right at the present time there is a shortage which, if you want accurate figures, with your permission Mr. Chairman, Dr. Henderson might give us.

Ontario Hospital Services were filled—this is not the Superintendent. This is not the junior house staff the bill would be something like \$3,000,000 for salaries. Now they are not filled. This is one of the problems, but if they were all filled, it would cost the taxpayer from general revenue something like \$3,000,000 to provide the service in Ontario hospitals.

DR. BUTT: You feel, as time went on there should at least be \$3,000,000 added?

DR. CHALKE: No. We have taken this into account in estimating our cost for hospital. We filled up all the vacancies because the point being we might attract people coming to work in Ontario hospitals on a fee for service basis.

DR. BUTT: This is not the situation. In other words, if the tax is now paying half this, or whatever it is they are paying, from the Division of Health to the Mental Hospitals, then these people are attracted because of this Bill to private practice. Somebody has to pay for it.

DR. CHALKE: Yes, but on page 21, acute hospital



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treatment includes roughly \$1,500,000 which is for Ontario patients treated for acute illness in Ontario Hospitals.

DR. BUTT: This is acute hospital treatment, four and a half million is what---

DR. CHALKE: This is acute treatment in both general hospitals and in psychiatric hospitals and in Ontario Provincial Mental Hospitals.

DR. BUTT: What percent would be normally in Ontario Hospitals paid for by the tax dollar? Be a million and a half?

DR. CHALKE: A million and a half, yes. Two million is chronic hospital which is almost entirely in Ontario Hospitals. Those figures are inclusive sir in all present treatment costs.

DR. BUTT: I notice by recommendation 7 that in general the policy of co-insurance for all medical care is recommended. I have two questions. Do you feel that co-insurance and deductibles are a good thing as far as psychiatry is concerned? In other words, the feeling being they are personally responsible to some degree.

DR. CHALKE: In making this recommendation, we are not restricting it to psychiatry.

DR. BUTT: I realize that.

DR. CHALKE: In general, yes. We feel some token of personal involvement probably helps the patient to view this

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

thing realistically.

DR. BUTT: The next question is for information.

If a student or resident is taking psychoanalysis, I don't know how this reflects with your group, whether this is part of it or not, is it true or is it not true that they do pay some of their own psychoanalysis?

DR. CHALKE: If a resident ---?

DR. BUTT: Somebody who was prepared to do psychoanalysis in the future.

DR. CHALKE: Will pay the entire cost themselves.

DR. BUTT: Could you tell me why?

analyist's practice, if he is doing this formally and only this, he sees his patient one hour a day for up to five times a week for two years. Now the psychoanalyists that I know of in this locality, many of them, their practice is heavily loaded with physicians and physicians salaries pay them. In fact, even this professional courtesy has never been required in the traditional sense with a psychoanalyist because he only has eight patients and his involvement with any one patient may be anywhere up to \$3,000.00 or \$4,000.00 a year.

DR. BUTT: I think actually what I asked was that if as a student he has to be psychoanalyzed, before he can become a psychoanalyst---

DR. CHALKE: Does he inevitably ---

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# VERBATIM REPORTING TORONTO, ONTARIO

DR. BUTT: Does he have to pay?

DR. CHALKE: He has to pay if he does do it,

Now he does not have to do it. It is not required.

DR. BUTT: But it is not required.

DR. CHALKE: It is not required that he had to

be a psychoanalyst. He can be an ordinary psychiatrist.

DR. BUTT: I appreciate that.

DR. CHALKE: There are eight panelists in

Toronto and that is all in the whole of Ontario. They have

had to be analyzed and paid their own.

DR. BUTT: Do you envisage this sort of coverage

12 should be covered by Bill 163?

DR. CHALKE: Their own analysis?

DR. BUTT: No, the payment of this.

DR. CHALKE: The payment of training an analyst?

DR. BUTT: The payment for psychoanalysis.

DR. CHALKE: No, it would not. This is why we 18 have put in recommendation 4 this whole business of restricting psychotherapy to 50 sessions per annum. You can't do psycho-

analysis in 50 sessions per annum and this is because psycho-

analysis has within it a certain elective component and obvious-

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# VERBATIM REPORTING TORONTO, ONTARIO

1 analysis therapy should be able to be treated in this way.

2 DR. BUTT: Would you consider excluding psychoanalysis as such? 3

DR. CHALKE: No. It would be a little too difficult to define it. This is the problem but by putting it this way what we are really saying is if somebody goes into analysis, that roughly one-fifth to one-fourth would be paid for by their insurance. You may say that the co-insurance carrier hopes for that but it is so difficult to say that as 10 under the health component very few people can be psychoanalyzed without doing something for their health so that we don't want 12 anybody to go into analysis simply because it is an insurance

14 It would be cumbersome to exempt patients 15 especially in psychotherapy who then become ill on a complete clinical basis. When did the analysis start? It would be 17 terribly hard for insurance companies or anybody to police in 18 that form so we are excluding psychoanalysis.

DR. BUTT: Do you envision by this bill that there will be more psychiatrists, shall I say who want to leave the Ontario Hospitals as places to work?

DR. CHALKE: We haven't said -- I would think more probably it will attract more psychiatrists to Ontario to fill up the Ontario services.

DR. BUTT: If they remain on salary I mean, as

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the situation is.

DR. CHALKE: Some of the younger ones would. I can refer, with the Chairman's permission, to Dr. Moorhouse on this question who is in a better position to answer it, being in the Ontario Hospital, than I.

DR. MOORHOUSE: I think Dr. Butt that I would foresee a great improvement in the care and treatment of the mentally ill in the Provincial Hospitals because at the moment I am sure that all members of the Enquiry are aware of the dreadful dichotomy which exists between treatment of the mentally ill patient in Ontario Hospital and treatment of the mentally ill patient in the general hospital or in private offices.

This is a most unfortunate thing that this dichotomy has arisen but what happens to a patient on account of it is that he loses track entirely of his private physician when he comes into an Ontario Hospital and he loses track entirely of his treating physician when he leaves an Ontario Hospital and it is like east and west; never the twain do meet and if medical care insurance includes psychiatrists in mental hospitals clearly enough, he will leave the service, become a private practitioner and act towards the Ontario Hospital as an attending physician. In those circumstances you can see clearly that the patient is going to be referred by his practioner to a psychiatrist attached to an Ontario Hospital

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and this liaison would not be lost either going into hospital or coming back out and I think this is one of the main items

of benefit to our mentally ill patients in this Province.

DR. BUTT: Is this situation not developing at the present time by virtue of the attached psychiatric units to general hospitals, close to the community rather than the 5,000 bed Ontario Hospitals?

DR. MOORHOUSE: This is developing, but

unfortunately still a vast majority of the acute illnesses are

treated in mental hospitals and this is a hard thing that you

cannot get around. They are all full of patients.

DR. BUTT: Are there a percentage of psychiatrists now on part time salary and getting a fee for service?

DR. MOORHOUSE: Yes, there are some.

DR. BUTT: Is this increasing in numbers?

DR. MOORHOUSE: Slowly.

DR. BUTT: Would this be a satisfactory arrangement?

In other words, I cannot see how the Ontario Hospital -- how

this transition can take place that you recommend unless it

starts in this manner.

DR. CHALKE: It might well start in this manner.

At the same time there are now also, as I mentioned, informal
units in Ontario Hospitals where patients come and go just as
they do in general hospitals, psychiatric units. These can be
staffed with people from outside or from inside.

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

DR. BUTT: Are they at the present being staffed by people outside? 2 DR. CHALKE: Yes. 3 4 DR. BUTT: Who are they paid by? DR. CHALKE: By insurance. Some of them are 5 paid by the patient and the patient, in some cases, recovers from well known medical insurance agencies. DR. BUTT: But then he does not reside in a bed 8 in that hospital? DR. CHALKE: Yes. 10 DR. BUTT: He does reside in a bed in that 11 hospital? 12 DR. CHALKE: Yes. 13 DR. BUTT: So at the present time the Ontario 14 Hospital beds are being utilized and paid for in fees by 15 a psychiatrist, is this correct, which are paid by the insurance? 17 DR. CHALKE: These special units that have been 18 19 opened up. Now if you are committed to somewhere in the middle of Dr. Miller's hospital on Queen Street and not to these special units, there will be no fee collected. 22 DR. BUTT: Is there a special unit there? 23 DR. CHALKE: No. DR. BUTT: Where is there a special unit? 24

DR. CHALKE: Dr. Moorhouse has one in New Toronto.

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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

Brockville has one.

DR. MOORHOUSE: Our hospital, Dr. Butt, behaves just exactly the same way as a general hospital under these circumstances and provides no medical care; only the standard hospital provisions.

The attending psychiatrist is entirely and totally responsible for the care and treatment of his patient, the same as he would be if he was attending the same patient in the general hospital.

DR. BUTT: And what happens to the long term
patient? In other words, somebody that has to be there nine
months or more?

DR. MOORHOUSE: He may be shifted then to chronic care, if necessary in these circumstances. We just haven't got the space to attend to him and he becomes a patient of the hospital.

DR. BUTT: Do you feel he should be covered, or the chronic care should be covered in some way?

DR. MOORHOUSE: Exactly the same way as any other chronic care.

DR. BUTT: Now you are limited to 50 hours per annum. How do you make these two figures?

DR. CHALKE: 50 hours per annum has nothing to do with chronic hospital care.

DR. BUTT: This can go on to any length of time

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Brockville has one.
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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

or any amount at all?

DR. CHALKE: In the same sense as the O.M.A. schedule limits one in the case of chronic care. Somebody with a stroke in a chronic care hospital, now the attending physician is entitled to visit him once a month, twice a month up to a certain maximum. This would apply the same way, we visualize, for psychiatric care; not that he would be visited every day for ten years as an acute patient.

DR. BUTT: I think I will quit with one more question. The teaching and the grade of responsibility, you do not feel this should be paid to the individual who is giving the service but rather a pooling and division of fees. This is on page 3, recommendation number 8.

what I am trying to tie it up with is the last part where you say: "Medical, surgical or obstetrical services provided to a covered patient in a hospital or institution when these services are rendered by a physician paid a salary to provide such services." Now this is the exemption the way you wish the exemption to read, rather than the way it is in this recommendation 9.

DR. CHALKE: These recommendations are separate from each other.

DR. BUTT: I realize they are separate. If you are paying the resident, or a student, if he is paid at all, a salary, then how do you tie the two of them up? In other



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DR. CHAIKE: In the same sense as the O.M.A. 2 to the property of the rest of the second state of the ela servició in a checa de en conclusor, nam de estrandiror pagada. La a is a transfer to wrate a month, and a legal are a legal to a of every marium. This were supply this right we wastellery, pifter payor intera cent, not that a would be wratten eleck that 8 ten years as an acute patient. OR. BUTT: I think I will quit with one more in question. The resoling and its movie of corners will it, wor and design as a comparable to the contract of the second and of the This ser ice but a confider a confider and alviston of the series state of pose of the camerals. I subject 8 ..... What I am trying to tie it up with is the last to a most factors from a more than the company of the way owned and the to operation to the terminal pattern to the transfer The state of the training to any description of the second section of the second second section of the second the odd acceptage and of site of the exemption in the exemption in the exemption 19 your state of the company of the 20 this recommendation 9. DR. CHALKE: These recommendations are separate 21 22 from each other. DR. BUTT: I realize they are separate. If you The more the period of a souther, if he is pull as all.

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23 figure.

#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

1 words, are they tied up?

insurance company?

DR. CHALKE: No, they are not. It is presumptious to say because what we are talking about there is really in relation to the whole business of education. It is not. It is the overall clinical responsible staff. It is the head of the Department and the two Assistant Supervisors and two junior staff people will form a team responsible for treating, like the referral idea, all these people are available to the patient.

DR. BUTT: Who would send the bill to the

DR. CHALKE: It would be a group of practitioners.

DR. BUTT: Would you set up a Corporation?

DR. CHALKE: I am not sure whether you can have a Corporation practicing medicine, but it would be a group

clinic, like any other group clinic.

DR. BUTT: I think that is all.

THE CHAIRMAN: Miss Carpenter.

in this fact that people would have 50 hours of treatment and then be presumably responsible for the cost of their care after that. You partially explained this. You said most people wouldn't need more than 50 hours care. It is the outside

DR. CHALKE: Very much the outside figure because

25 we have been trying to get, and it is rather difficult to get --



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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

psychotherapy is not that extensive and there are no widely
available figures. In British Columbia where there is coverage
under the medical care plan and they have followed their cases
up the average treatments are somewhere between seven and ten.
It is really quite exceptional for anybody to go 50 hours.
Once a week for a whole year is much the exception rather than
the rule, and the maximum for this is probably around eight to
ten.

MISS CARPENTER: My thought is related to the other question you raised, the co-insurance medical provision. What happens to the lower income group if you have the co-insurance feature? Is it the same amount of money for high and low income groups? Do you feel that this would deter people from seeking medical care?

DR. CHALKE: I think this is probably a matter, have to be a matter of Government policy because if public funds had paid premiums for people it seems to me because they are medically indigent it would be highly unlikely the doctor would be entitled to charge somebody who was medically unable to afford to pay for medical care. It is one of the problems about co-insurance, what do you do with people who can't afford co-insurance.

MISS CARPENTER: You are asking the profession to
absorb this as welfare work and not charge for first call or
whatever it would be if the person wasn't able to pay?



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MISS CARPENTER: My thought is related to the star of constitution.

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

DR. CHALKE: That is really a 0.M.A. sort of question. All we were saying there was that is the best practice. We could see value in this. How you apply the mechanism of who absorbs the difference, we would have to pass. We would accept whatever the 0.M.A. laid down as ethical under these circumstances.

MISS CARPENTER: I think it is a question of

availability. People should not be deterred from getting medical

care if they need it. You feel in psychiatric illness it would

be a good idea to have co-insurance so they would have to pay

out of their own pocket a portion of some of their care.

DR. CHALKE: We weren't restricting it to the psychiatric illness. I think it is equally important for a person to have the care if they are in a position they need it, if they are indigent.

MISS CARPENTER: Medically indigent, these
people in the gray areas. I think it is hard to understand
why you feel this is a satisfactory recommendation. I think
this is what I was asking, why do you feel this is a recommendation that you would support.

DR. CHALKE: It isn't specific to psychiatry.

It is the doctor-patient relationship, if you like, in all
situations, and the feeling about people getting things for
nothing, that there should be some token that one is paying
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# VERBATIM REPORTING TORONTO, ONTARIO

are doing.

MISS CARPENTER: You would agree they are not getting them for nothing if they prepaid them. In the prepayment plan they have already paid, and sometimes paid more than they are getting back.

DR. CHALKE: Psychologically the prepayment plan 6 through a group -- they are not aware of it. They think their medical care is free because it got deducted so far back at source and they never saw it anyway. It is symbolic participation that brings it home to them. This is only an argument 10 for it. It isn't crucial to our overall thesis at all. It is merely an observation we would like to bring the Commission's attention to. It is a relative thing in the thesis. 13

MISS CARPENTER: The other question, in relation to this chronic care, I was interested in the development that took place in Toronto in the home care of psychiatric patients. Do you think this is a trend to more people being taken care of in their own homes, foster homes, boarding homes and so help in the chronic care problems.

DR. CHALKE: We hope so. There it wouldn't be chronic care, but they would be like anybody else living in a welfare residence, if the doctor was needed he would be on call.

MISS CARPENTER: And therefore it would be less The last question was one dealing with the very top of costly. page 11:



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2 NESS CARPENTER: You would agree they are not
3 getting them for nothing if they prepaid them. In the pre-
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# VERBATIM REPORTING TORONTO, ONTARIO

"Costs of diagnostic services by ancillary psychiatric personnel should be dealt with the same as commensurate personnel in any other specialty."

Are there any compensating personnel or to whom are you referring in your psychiatric personnel, ancillary personnel and psychiatric hospitals as against other kinds of illnesses?

DR. CHALKE: Clinical psychologists who perform these diagnostic tests, and we were thinking that compensating personnel would be the ward officer like they have with the autolarginist . Our feeling is now this has been centered in hospitals and recoverable under the Ontario Hospital Commission. 12 13 We don't know whether insurance is going to change this pattern but if they do we are really saying our technical ancillary personnel should be in as are the autolarginist's.

MISS CARPENTER: Would it pay for services, outpatient or doctor's fees. They would be lost if this kind of thing was included under Bill 163.

DR. CHALKE: No, they should be included probably under Hospital Insurance now, which they are now except it is not far enough into the -- go far enough into the outdoors. It 22 is for the general hospital psychiatric units.

THE CHAIRMAN: Mr. Coulter?

MR. COULTER: Mr. Chairman, I have quite a few 24

25 questions. Most of my questions have already been asked. I



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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

am a little concerned about the number of psychiatrists. There are 275. The first speaker gave some figures which he gave too 3 fast for me to keep track of, I think it was the number of visits that you had to attend to or the number of people that asked to see psychiatrists in a year or had been admitted to mental hospitals. Could I have those figures again? 7 DR. MILLER: Fifteen thousand admissions to psychiatric institutions. That includes Ontario Hospitals, General Hospitals, Psychiatric Units and Private Institutions 10 for psychiatric treatment. The other figure was 25,000 people attending all kinds of community psychiatric units for people 12 with psychiatric problems of various kinds. 13 MR. COULTER: Is the 15,000 included in the 25,000? 15 DR. CHALKE: No. This is outpatients. 16 MR. COULTER: 40,000 people all told. 17 DR. CHALKE: Some people go to clinics as out-18 patients, treated for three months and may end up admitted. There may be some overlap both ways. 20 MR. COULTER: To follow this up, then, may I 21 ask why there are not more of you people because there apparently 22 is lots of work. 23 DR. CHALKE: Well, sir, one reason is because 24 the practice of this branch of medicine has been singularly unattrac

tive compared to the surgeons and radiologists and the others not

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The Market of the Control of the Con re 275, The first speaker gave some figures which he gave too and the first of t .. yisits that you had to attend to or the number of people that asked to see psychiatrists in a year or had been admitted to mental hospitals, Could I have those figures again? DR. MILLER: Fifteen thousand admissions to the state of the s General Hospitals, Psychiatric Units and Private Institutions for psychiatric treatment. The other figure was 25,000 people Circle and address of place of the contract of with psychiatric problems of various kinds. MR. COULTER: Is the 15,000 included in the 2000.75 DR. CHALKE: No. This is outpatients. MR. COULTER: 40,000 neople all told. DR. CHALKE: Some people go to clinics as outpatients, treated for three months and may end up admitted. MR. COULTER: To follow this up, then, may I ask why there are not more of you people because there apparentl is lots of work.

THE CHALKE: Well, sir, one reason is because



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# VERBATIM REPORTING TORONTO, ONTARIO

necessarily employed in practicing medicine in the traditional 2 sense that very few people have been encouraged into the field.

Secondly it is true advances in treatment have taken place in the last ten or fifteen years, since the last war and have had much to do in making it more attractive. From the time a man starts medicine until he hangs his shingle as a psychiatrist he has spent nearly twelve years, so we are now only beginning to reap the rewards of the new look and the attractiveness of psychiatry. In Canada now we are producing less than 50 to 60 psychiatrists a year with all post-graduate training.

MR. COULTER: To follow this up, I think the 13 statement was made, and I am not sure who made it, the 14 statement was made that if psychiatry were included in Bill 163 this would induce more people into the business. As a layman I fail to see this. It takes twelve years to become a qualified psychiatrist. I think it would be a matter of money that would induce more people into it.

DR. CHALKE: Yes. I don't think it would induce more people to enter psychiatry. I think it might well, however, keep people in Ontario who now may go somewhere else to practice, and might even bring people from elsewhere to 22 Ontario because if we achieve our particular goal at once we would be the first Province in Canada to have done so, and it 25 would certainly discourage our own graduates, our own post-

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# VERBATIM REPORTING TORONTO, ONTARIO

graduates when they are finished training going outside Ontario.

It would be quite an advance. I think it would help people

stay and bring back a good many Canadians trained in the

United States. To have this type of opportunity to practice

we might well bring some of these people back.

MR. COULTER: Would you care to give an opinion, if you were included in Bill 163, would this increase the load on the number of people we now have practicing or not.

DR. CHALKE: I don't think so because it is already included in 163 to all intents and purposes except for the Ontario Hospitals which are not explicitly included or 12 excluded. As I say we could practice just the way we want 13 to because the clause in 163, you can't pay for services that have already been paid for. The Ontario Government would be just and fair and take all the people on staff. It isn't a question of getting around 163. I don't think there would be any more work. I think it would be differently distributed. 18 Mind you we would still be short of psychiatrists but we are short of them under the present circumstances.

MR. COULTER: Another question I had: Some place in your brief there is mention of teaching hospitals. How many are there in Ontario?

DR. CHALKE: This includes, of course, the Departments of Psychiatry in keneral hospitals, Toronto General, St. Michael's, Western here are all teaching general hospitals,



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	the Ontario Hospitals which are not explicitly included or	( )
	excluded. As I say we could practice just the way we want	U
	to because the clause in 163, you can't pay for services that	12 days .
	have already been paid for. The Ontario Government would be	j. i.
	Just and fair and take all the people on staff. It isn't	- £
	a question of getting around 163. I don't think there would	
ń	be any more work. I think it would be differently distributed	of the

MR, COULTER: Another question I had: Some place in your brief there is mention of teaching hospitals. How

Mind you we would still be short of psychiatrists but we are

short of them under the present circumstances.

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DR. CHALLE: This includes, of course, the

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# VERBATIM REPORTING TORONTO, ONTARIO

999 Queen Street is a teaching hospital affiliated with the University of Toronto. In London the St. Joseph and Victoria as general hospital units are teaching units and the Ontario Hospital, London. There are six Ontario Hospitals which are teaching hospitals affiliated with Universities by agreement and about seven or eight general hospital psychiatric units.

MR. COULTER: One further question in your opinion what is the chief reason why there are not more people in, why you don't have more students?

DR. CHALKE: Well, one thing is that we are short of doctors. Other people from the University would be more qualified to say how many graduates we ought to have in 12 13 medicine. I think we are short at the present time. We need more medical schools. Of these roughly 6% are going into 15 psychiatry a year starting up post-graduate training in psychiatry, which isn't too bad. We could do with more, but I think we would never get more unless there are, first of all, 18 more doctors being produced because there is a constant pull. 19 We want people to go into general practice. We don't want everybody to be specialized, and psychiatry can't get all of 21 the specialists. I think circumstances have been unattractive 22 in the past and discouraged people. We know this is true 23 because a public opinion poll of medical students as to the 24 status position of psychiatry in the past has always been very If my colleagues permit me, it wasn't in the past the

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

1 brightest students of the medical schools went into psychiatry.

2 This has changed now.

MR. COULTER: That permitted me to ask another question, probably I shouldn't. Thank you very much Mr.

5 Chairman. I was going to ask is this the old school or the new 6 school. Thank you very much Mr. Chairman.

THE CHAIRMAN: Mr. Mulrooney.

MR. MULROONEY: I am interested in recommendation number two which recommends

"All medical care should commence with the family practitioner who, when it becomes advisable, would refer his patient to other physicians. It therefore follows that the family practitioner is to be reimbursed for diagnosis and for treatment of psychiatric disorder including psychotherapy according to the general tariff of the Ontario Medical Association."

Is this recommendation made because there are
too few psychiatrists, perhaps in certain areas of the Province?
I have been unaware of general practitioners, family doctors
rendering any psychiatric services. Probably there are some,
but I am not aware of it. I am a little surprised with the
recommendation that the family practitioner should be reimbursed
for diagnosis and treatment in the psychiatric field. Would
you explain that for us.

DR. CHALKE: In the first place the family

### SERVICE TORONTO, ONTARIO

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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

1 practitioner does a great deal of psychiatry. He doesn't do it openly, call it psychiatry, partly because it is good practice not to. He spends a good deal of time straightening out family problems. Treatments are made on anywhere from 5 one-third or one-half of all the patients coming in in a day because these people have emotional problems. Many backaches, headaches, tummy aches and so on -- this is a complication of 7 physical health. This doesn't appear anywhere as psychiatric work. Secondly now more and more patients who are treated in psychiatric hospitals go back to their home communities, and 10 even though we talk about having psychiatric private practice, 11 this is pretty hard to get into smaller communities. Where the patients go back, particularly today when many patients are kept well, or nearly well upon certain medication we want the family doctor to continue these medications, to oversee them, unless it is so highly specialized it can't be 16 done. Under some of the existing insurance plans if he put 17 in saw a patient once a month for continuing care of chronic schizo-19 phrenia which he is quite capable of doing, the insurance company wouldn't pay him. They say they won't pay for treatment 20 of any psychiatric disorder once diagnosis has been made. 21 Two points: One is continuing care and secondly 22 to face reality, if you like. The Ontario Medical Association lays down a tariff for psychotherapy done by general practitioners. 24

It isn't anything to do with insurance or anything else. Many

person in the second of the second of the expension was to practice not to. He spends a good deal of time stratghtening d out family problems. Treatments are made on anywhere from s one-third or one-half of all the patients coming in in a day 6 because these people have emotional problems. Many backaches, headaches, tummy aches and so on -- this is a complication of physical health. This doesn't appear anywhere as psychiatric 9 work. Secondly now more and more patients who are treated in psychiatric hospitals go back to their home communities, and even though we talk about having psychiatric private practice, this is prefty hard to get into smaller communities. Where the patients go back, particularly today when many patients are kept well, or nearly well upon certain medication we want the family doctor to continue these medications, to oversee them, unless it is so highly specialized it can't be 17 done. Under some of the existing insurance plans if he put 18 in saw a patient once a month for continuing care of chronic schizo 19 phrenia which he is quite capable of doing, the insurance 20 company wouldn't pay him. They say they won't pay for treatment 21 of any psychiatric disorder once diagnosis has been made. Two points: One is continuing care and secondly . .

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

family doctors sit down for half an hour with husband and wife to discuss problems that they both come with. In the past he could only charge the usual office visit whereas, in fact, he is spending a great deal of time and using technical knowledge. In the third place as Dr. Miller said in the introduction we are now teaching our medical students to do such therapy and to carry out this form of care. This is one of the things that every general practitioner should know. It is true this hasn't had an impact on the practice of medicine in this Province yet because it takes a few years for most doctors to be practicing.

MR. MAHONEY: Is there liaison between the family doctor and the psychiatrist where there is referral.

DR. CHALKE: There is, as Dr. Moorhouse mentioned

more when the psychiatrist is also a member of the community.

Where it becomes very cumbersome is where a family doctor sends someone to the Ontario Hospital and the patient comes back.

There isn't the same contact there. There should be the same contact between the psychiatrist and the family doctor as there is between the internist the family doctor refers her problems to or the gynacologist who he refers her gynacological problems

MR. MAHONEY: Thank you, sir.

THE CHAIRMAN: Mr. Whitney?

MR. WHITNEY: Mr. Chairman, one question: How

many patients would you estimate, and this is probably a guess,



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many patients would you estimate, and this is probably a guess,



#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

1 but you may have figures, how many would you estimate are
2 referred to the practicing psychiatrist and how many come
3 directly.

DR. CHALKE: That is a very difficult question to answer, sir, partly because some clinics and some psychiatrists won't take anybody unless they are referred. That is a man may call up the clinic and say I need to see you and the doctor says, I am sorry I only see patients when they come through family doctors, which chases the patient around the other way. I really couldn't answer that question. I don't know if there is an answer. Some clinics do take people without necessarily requiring referral. I don't know whether Dr. Henderson would like to hazard a guess.

DR. HENDERSON: The way we operate the Public Clinic there is a referral practice, but in overall, approximately 75% are referred by medical sources, family doctors or hospital's outpatient departments or services of this kind. Some of the clinics do provide services to the individual on their own request, and this may range as high as 20 to 30% referral of patients that are treated in the clinic. This is high. On the average less than 10%, likely 5%. In most instances even when the patient does present himself for assistance of this kind contact is made with the family physician in order to relate services to the general medical care of the individual.



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MR. WHITNEY: You mentioned clinics, do

psychiatrists also practice in connection with clinics or

government clinics.

4 DR. CHALKE: No. The reason I asked Dr. Henderson 5 is we do have organized clinics that do keep organized statistics as to where their patients are referred from and these 6 7 are compiled in the Parliament Buildings. That is why I 8 thought Dr. Henderson might have this. Psychiatrists work in individual practice like any other specialist or they may 10 work in a group of other specialties in a group, two surgeons, an internist, a paediatrician and a psychiatrist or they work 11 in groups, particularly where these groups have been sponsored 12 originally by Government services or in hospitals they practice as a group. 14

15 MR. WHITNEY: I might say, Mr. Chairman, Mr. Coulter says

16 I simply asked these questions to let other members of the

17 Commission know I haven't been to see them yet.

THE CHAIRMAN: Mrs. Aylen.

MRS. AYLEN: On page 17, recommendation number 6, you state that chronic hospital psychiatric care should be on the same basis as all other care. Is care only the treatment that the patients receive from the psychiatrist or does it embrace any other factor.

DR. CHALKE: We were obviously uncertain in this particular recommendation, in discussing it, because we

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

weren't clear as to chronic care for anybody with psychosis or arthritis and so on, any chronic hospital, how does it 2 get in the medical insurance plan. It is a very difficult 3 4 thing to visualize how you do this. We don't want to discourage it. It seemed to us that one of the problems, for example, in the 5 chronic hospital is that you have to have physicians on staff like the general hospital, you have to have physiotherapy and nursing services sort of from day to day to provide proper rehabilitation plans. Each patient may still want to see his old doctor who has looked after him for a long time back. 10 weren't sure how these two should fit together, whether hospital 11 services should pay for medical practioners and individual 12 services for individual patients to be covered by medical 13 insurance plans or not. What we were really saying is we feel 14 what does apply to people who are ill in a physical sense 15 applies in the same way to chronically ill with mental disorders 16 17 MRS. AYLEN: Are you suggesting medical care for mental patients should be paid for by the Ontario Hospital 18 19 Services Commission. 20 DR. CHALKE: As far as hospital. 21 I mean their care in hospital. MRS. AYLEN: DR. CHALKE: Very definitely. We would think 22 that would be the greatest advance, and we would hope the next 23

step, and we didn't put it in our brief because we didn't think

25 it was appropriate to the subject of this Enquiry. We have

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# VERBATIM REPORTING TORONTO, ONTARIO

urged it elsewhere and in other representations that they do this.

MRS. AYLEN: Maybe my question was inappropriate then. I am sorry.

> THE CHAIRMAN: Dr. Galloway.

DR. GALLOWAY: Just some clarification, Mr.

It seems to me from your brief and other information that the whole field of psychiatry is changing, not only is the method of treatment changing but the type of patient is changing. 10 In this changing practice in your private practice, what percentage of people would you be seeing say who are actually 12 psychotic as being opposed to those who have some minor 13 personality changes, and those who would be seen in general 14 hospitals and general office practice.

DR. CHALKE: This varies, of course, with the 16 particular hospital. The general hospitals and the Ontario Hospitals open units pretty well see the same pattern. It runs 18 roughly around 40% are psychotic. The patient is hospitalized. 19 This isn't a doctor sitting in the Medical Arts doing consultations for his colleagues. He wouldn't see 40%, but patients in general hospitals and psychiatric hospitals and Ontario Hospitals, 40% psychotic. I would think that 30% suffer from crippling neurosis. This means they are too sick to be outside. They are crippled to the point where they have to be in the hospital. The others are there for various things

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including organic brain diseases. If you are in office practice you are going to see possibly more psychosomatic problems, migraine headaches, tension. You see people who 3 have a tendency to take barbituates who want to get off the habit. You meet people who are nervous such as college students facing examinations who become so tight and nervous and viva voce they can't concentrate, become sick, faint and they have to leave the seminars. These are the kind of problems you see in office practice that you wouldn't see in 10 the hospital. 11 DR. GALLOWAY: I think you clarified that point. 12 Thank you very much. 13 DR. BUTT: Just a couple more questions. In 14 your Association, are they all certified in the specialty. 15 DR. CHALKE: No, they are not. 16 DR. BUTT: What percentage? 17 DR. CHALKE: There are some certified psychiat-18 rists who are not members of the Association too. 19 DR. BUTT: Do you know what percentage? 20 DR. CHALKE: I think 275 are certified. 21 DR. HENDERSON: The College of Physicians and 22 Surgeons of Ontario registered 242 psychiatrists with specialized

in the field of psychiatry and physicians working in related

24 Association is 275 and includes physicians who are specialized

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

1	fields and a few non medical personnel as well as people in
2	the process of training. There are a number of other people
3	practicing psychiatry, those who are certified in neurology
4	and psychiatry or taken partial training who don't hold the
5	Royal College Special Certificate in addition to the figure
6	of 242.

DR. BUTT: In recommendation 2 you discuss the family practitioner. Has he privileges within the Ontario Hospitals? Do you wish him to follow patients outside when you watch them in?

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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

CHALKE:

I cannot, as a psychiatrist, follow my patients in some Ontario -- most Ontario Hospitals, even as a psychiatrist. General 3 Practitioners are often prevented from following their patients in General Hospital units, not any more, however, than they are prevented from following them in gynecology or obstetrics. This could be because of staff -- the organization of a General Hospital, the psychiatric department located, many of them, in big teaching hospitals where you have staff restrictions but there is no reason why not. If I may refer to Dr. McKerracher in Saskatchewan, who has been one of the leaders in this. He is working very closely, encouraging his general practioners in Saskatoon to bring their patients into the psychiatric unit in the University Hospital in Saskatoon 13 14 and there is a move this way. 15

We have had, in the hospital in which I am associated, two general practitioners assigned to the -- taken 16 from the general medical staff who elected to work in the 17 Department of psychiatry as their public service. There is no rule to keep them out. There are general practitioners working 19 in Ontario Hospitals, doing general medical care. 20 21 something that should be done -- it is not necessary for the 22 psychiatrist to take the sick parade. The family doctor often 23 1s a better person to see the cuts and sprains and bad chests, and so there are general practitioners working in Ontario 25 Hospitals.

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25 Hospitals.

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

DR. BUTT: What is the relationship of this Association with, say, the division of mental hygiene, Department of Health? In other words, do your members and their ideas coincide? Does your brief and their ideas, do they 5 coincide? 6 DR. CHALKE: Our brief has never been submitted, 7 in a sense officially to the Department of Health. I might say that in preparing this brief, we have had consultation with a number of bodies, including the O.M.A., insurance 10 carriers, and professors of psychiatry in medical schools. However, this is not necessarily their policy. 11 12 DR. BUTT: Is it their thinking? 13 DR. CHALKE: I think it is. I cannot answer this. 14 DR. BUTT: Could somebody who is related to 15 16 the---17 DR. CHALKE: I don't know that -- Mr. Chairman, everybody but myself sitting here is an employee of a Department 18 of Health and I don't know that they should be expected to 19 20 answer for their Department, for the Government. 21 DR. BUTT: Maybe they can wear another hat at 22 this point and say what they think.

We are here as representatives of the Ontario Psychiatric

Association.

DR. HENDERSON: We are doing exactly that sir.



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DR. BUTT: I presume you then feel that the,

shall I say the Division of Mental Hygiene will not be adverse

to what you have presented?

DR. HENDERSON: That is a logical assumption you wish to make.

DR. BUTT: Thank you very much for my extracting the information.

THE CHAIRMAN: Mr. Simon?

MR. SIMON: Do I get this thing right: Because all the doctors in mental hospitals are all resident doctors, they are all on salaries? Is that it?

people that I mentioned who are two other groups. One, very few, Dr. Moorhouse mentioned coming in and treating the patients in his open unit. There are some psychiatrists who are in practice part time and working on a sessional fee basis, working half days a week in Ontario Hospitals. Then the majority of people are employed full time as members of the Ontario Government Civil Service. They are not resident physicians in the traditional medical meaning of that term. They aren't like internes or house officers in a general hospital. There are some who are in that position but those who are already certified as specialists, may be working full time in Ontario Hospitals.

MR. SIMON: When a patient is entered into one



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DR. BUTT: I presume you then feel that the,	1
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you wish to make.	5
DR, BUIT: Thank you very much for my extracting	6
the information.	17
THE CHAIRMAN: Mr. Simon?	8
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they are all on salaries? Is that it?	11
DR. CHALKE: With the exception there are	12
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practice part time and working on a sessional fee basis,	16
working half days a week in Ontario Hospitals. Then the	17
majority of people are employed full time as members of the	18
Ontario Government Civil Service. They are not resident	19
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time in Onterio Hospitals.	24
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MR. SIMON: When a patient is entered into one



third doctor.

## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

of these institutions, is a doctor assigned to that particular patient for the entire period the patient remains?

DR. CHALKE: No. This varies in hospitals.

Doctors may be assigned to wards and a patient may be admitted to an admitting ward; treated by the doctor there. Then they get a little bit better and are transferred to another ward -- I am painting a rather grim picture as I go on -- but transferred to another ward, have another doctor and may eventually get so they have open privileges on the ground and go and work and so on. Before they are discharged, they are transferred to a

Now because the superintendent and clinical staff of Ontario Hospitals are acutely aware of this, they do their best to modify this. I think, if I might, ask Dr.

Miller to answer how far Ontario Hospitals are able to provide continuous care within the hospital. I mean obviously when the patient leaves the hospital he can't go back. He is not any more a patient of that hospital but may I refer that to Dr. Miller? How far would you provide continuous care under the present setup?

DR. MILLER: In our hospital, which is on Queen Street, every patient who comes into hospital is assigned to a doctor who continues the care of that patient until they are discharged or sometimes, if they require long term or chronic care they may be under the care of a physician, but for the

#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

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DR. CHALKE: No. This varies in hospitals.

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DR. MILLER: In our hospital, which is on Queen

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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

most part, I would say that 90% of the patients continue under the care of the doctor who has been assigned to them.

MR. SIMON: One more question. Does your Association sincerely believe in the statement made here before that the patient-doctor relationship would be better and the patient would be treated better if a doctor would be paid on a fee for service basis rather than on a salary basis?

DR. CHALKE: Yes.

MR. SIMON: I would like to be convinced of that.

THE CHAIRMAN: Do you wish to speak further to

that?

DR. CHALKE: Well all one can point out is that most people, if they are given a choice, will tend to go to a doctor whom they engage and who has undertaken to treat them, before this particular illness. Now one can always point out great exceptions to this; the Armed Forces, and so on; can point out very dedicated service. Now in Ontario Hospitals somehow something can get lost in this kind of arrangement, particularly if administrative requirements overlap clinical requirements, which can happen if you are terribly short of doctors and there are a great number of patients and certain things have to be attended to, the administrative orders, then the patients may suffer.

The second thing is there is a tendency -- I speak now from other sources than Ontario Hospital, for

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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

example, D.V.A., that administratively -- a patient who comes
to me as a private patient, I feel they need X hours of my
time. If I feel they need it day to day, I can make arrangements. I can give them this but on a salaried system there is
a tendency to sort of set up these work loads. You know, you
must see at least three new patients per afternoon and do X
hours of psychotherapy with X number of patients and this
tendency creeps in and this is what we mean by the patient is
not the first consideration in these circumstances.

THE CHAIRMAN: Mr. Coulter?

MR. COULTER: One more question. At the top of page 12 it says: "In Ontario at present, plans available range from no coverage for treatment through coverage at G.P. rates to unlimited coverage at 90% O.M.A. Schedule (Public Service Plan)." What do you mean by this?

DR. CHALKE: Your Public Service Plan sir is the Public Service of Canada. That covers Federal Civil Servants, Armed Forces Dependents and Retired Civil Servants. This is a plan run by Mutual with co-operation of 15 insurance companies in which I think some \$7,000,000. of our Federal Tax money supports the subsidy. It is a plan covering the Federal Civil Servants and they have unlimited psychotherapy at the moment.

THE CHAIRMAN: Dr. Chalke, am I right in understanding you to infer that in psychoanalysis it may require

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# VERBATIM REPORTING TORONTO, ONTARIO

four to five times 50 hours?

DR. CHALKE: Yes sir.

THE CHAIRMAN: Does that need to be done continuously or could it be taken in different periods? DR. CHALKE: No. Psychoanalysis is organized as a continuous -- day after day, one hour a day, eight to

nine in the morning for a year or two years, every morning,

five days a week.

Now this is a rare form of treatment and one 9 10 that is not widely developed or used. It is one that under the National Health Service of England is covered in fact, 12 but they have only got about four analysist working in the whole 13 National Service: only covers 32 patients so it isn't scaring 14 one of the insurance companies. Really it's rare.

THE CHAIRMAN: My reason for asking the question: When you say 50 hours per annum, if this limits it to 50, if it is on a calendar basis, that could mean 100 contact hours. In other words, you could get continuous treatment in two calendar years of 100 contact hours. If it is on a 12month basis, why then you couldn't have continuous treatment.

DR. CHALKE: We have made it this elastic. We felt it was not necessary to put it on the one a week basis. 23 | This would restrict us to a certain extent because you do see 24 the odd person acutely ill. I had somebody recently who had a job in the Government requiring him to fly in an aeroplane and



four to five times 50 hours?	
DR. CHAIKE: Yes sir.	2
THE CHAIRMAN: Does that need to be done	3
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# VERBATIM REPORTING TORONTO, ONTARIO

suddenly got a panic about planes. Now they had to be treated fairly quickly because public duty required them to get away 3 again fairly soon and had to see them three times a week for three months to get the thing cleared up so that it is possible you may have to give your 50 hours, under certain circumstances, 5 6 concentrated and it would seem to me unfair for the acute 7 illness to say we can only -- your insurance will only cover 8 if you spread this over a whole year but for many patients it would be once a week. I would take a majority of patients, 10 under 50 interviews a year, give them once a week type of plan 11 rather than an exception. We did not want to exclude that 12 coverage. 13

THE CHAIRMAN: Any other questions.

MR. MAJOR: Was that bill paid under insurance?

DR. CHALKE: Yes.

MR. MAJOR: I thought most insurance policies had a clause in them that any medical care required by the employer, the employer was to pay for it? Was this being acquired by the employer?

THE CHAIRMAN: This is a technical question that really has no relation to Bill 163.

DR. CHALKE: They had to be good enough to do their job.

MR. CASWELL: A particular person requiring psychoanalysis treatment, is that by a psychiatrist?

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# VERBATIM REPORTING TORONTO, ONTARIO

DR. CHALKE: Usually.

MR. CASWELL: Did I understand you to say there are only eight in Toronto who give psychoanalysis?

DR. CHALKE: I am not even sure there are even

MR. GRAY: I don't think there are that many.

DR. CHALKE: Six possibly and some of these are not -- they are not all devoting their full time to psychoanalysis. Some of them are teachers in Universities part time 10 and have other jobs.

MR. CASWELL: After you are a psychiatrist you have to have further teaching and training to be a psychoanalyst?

DR. CHALKE: That is correct, yes, another three or four years beyond your five years post-graduate.

Is psychoanalysis basically under a hypnotic of some kind? Why do you need the extra training? Is this basically, psychoanalysis, performed under some type of hypnotic, either drug or otherwise?

DR. CHALKE: No, quite the reverse. It never is.

MR. MAJOR: What is the basis of that Dr. Chalke ?

MR. MAJOR: Matter of suggestion?

DR. CHALKE: No, it is a matter of exploring your own motives for doing things, to put it in a nutshell.

THE CHAIRMAN: Takes three years to learn the



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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

answer to that question.

MR. CASWELL: It's a matter of the right couch.

MR. MAJOR: I wonder if you could help me a little bit to clarify some of these things. What I am trying to get is the scope of this problem as far as an insurance application is concerned and when we are speaking of crippling psychosis, does this mean that actually there will be, for an indefinite period of time, an institution which will have to take care of these people? That they just can't get out of there? Let's take the homicidal maniac who cannot be cured. Is he going to stay there forever and a day?

DR. CHALKE: There are some, yes, just as there are some people with strokes and arthritis who never get out of chronic disease hospitals. There are some because we cannot get them well enough that they ever can get away from having nursing care.

MR. MAJOR: This will be a certain percent of the 50% of the people that evidently start out in private practice with a general practitioner, so that a percentage of these people will eventually end up in an institution and stay there because of the crippling disease and brain diseases, or something like that?

DR. CHALKE: This is true. I am sorry, I did not get your reference to 50%.

MR. MAJOR: You said that possibly 50% of general

24 not get your reference to 50%.

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

practitioners practice was doing neurosis of some kind.

DR. CHALKE: I said these are very often what we call psychosomatic disorders. A person comes in with an outburst of ulcers brought on by business stress.

MR. MAJOR: You have to take my terminology in its broadest sense.

DR. CHALKE:: I did not say 50% of practitioners were dealing with crippling psychosis.

MR. MAJOR: If you start all these people through general practitioners, certainly they will eventually end up, because of the crippling situation, in this Institution for the rest of their lives.

DR. CHALKE: That is right. It would be very small.

MR. MAJOR: Might be very small, might be big.

The psychiatrist that is looking after these people, is it your intention then that psychiatrists be on a salary or that they practice on a fee for service basis with these people?

DR. CHALKE: Well this is really going back to Mrs. Aylen's question. We are not really happy because, you see, out of any one psychiatrist, say practising in Toronto, you have got Whitby, 999 Queen Street, New Toronto, taking care of psychiatric -- plus your general hospital, may end up with 150 psychiatrists in Toronto and environs, and we ought to,

might have two patients who were in this unrecoverable crippling

#### VERBATI REFORTING SERVICE TORONTO, ONTARIO



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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

psychosis position we are talking about. Now whether it is
better for them to each be responsible for going and visiting
their patient once a month in whatever chronic care institution
they are in, or whether they would be happy to turn them all
over to Dr. X, who is an expert in caring for chronic patients,
and have him visit them each once every two weeks, I don't think
we can answer.

MR. MAJOR: I understand. Let's go back and sæ where in the principle of insurance, that a risk must be determinable, leads us. It is very simple to insure cholecystectomy and neuro-surgery because we can see a start and an end to this and we know it is not elective, although there may be some surgery elective but we can see an end to this by experience and also we can see an end to cases of pneumonia or the heart attack and so on down the line. How do you see an end, from the insurance point of view, to this particular person that you are talking about if we put a doctor on a fee for service basis where he must see this patient once or twice a month for ever.

DR. CHALKE: I do not see an end to this particular group, any more than you do for the progressive rheumatoid arthritis, the diabetic. You do not see an end to that or the progressive disseminated sclerosis. In this group you are talking about, they are not all psychiatric cases, but the ones who are chronic and aren't going to get better are the arteriolosclerosis, and so on. The only thing you can predict

psychosis position we are talking about. Now whether it is The facts has suffer the section of the most of the majority of THE PROPERTY OF A PROPERTY OF THE PROPERTY OF STREET, AND THE PROPERTY OF THE The profession of grant of afternoons are not as the god water wait over to Dr. X, who is an expert in caring for chronic patients, of and have him visit them each once every two weeks, I don't think 7 we can answer. MR. MAJOR: I understand. Let's go back and see where 8 in the principle of insurance, that a risk must be determinpile, leads me, it is now early a first a fraction of the contraction of A RESIDENCE OF THE DESCRIPTION OF THE OBSERVED WESTERS innglus i com equanti in ha épicable in saecho des qui él vest o , elective but we can see an end to this by experience and also we can see an end to cases of pneumonia or the heart attack and so on down the line. How do you see an end, from the insurance point of view, to this particular person that you are talking 20 2 about if we put a doctor on a fee for service basis where he 1 19 4 33; must see this patient once or twice a month for ever. DR. CHALKE: I do not see an end to this particular (8) group, any more than you do for the progressive rheumatoid arthritis, the diabetic. You do not see an end to that or the progressive disseminated sclerosis. In this group you are 1.5 dust the distribution of the state of the st

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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

on is the rate per thousand per annum. You will expect to get three new cases per thousand of some unrecoverable illness which will give you some psychiatric.

MR. MAJOR: As far as you are concerned this approach should be coverable by insurance?

DR. CHALKE: Yes.

MR. MAJOR: You said that one of the reasons that insurance was hesitant about this was they did not know enough about it. Maybe you could turn it around and say that insurance has learned enough about psychiatric care they are hesitant about it. It can work both ways.

Coming back to something else that has come out in the question and answer period, do you think there is any curative value in the taking of a dollar from a psychiatric patient?

DR. CHALKE: Curative value? No, not curative.

DR. CHALKE: Yes. It may help him -- well this

MR. MAJOR: Is there anything palliative about it?

Does charging a psychiatric patient a fee help him to recover?

is a bit of a technical question really. There is a complication there. There is such a thing as human dependency and people like to, sometimes, some patients like to be dependent on other people. Now this is a complication of psychiatric treatment, like infection is sometimes a complication of surgery. You don't want it to happen but it sometimes gets in

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MR. MAJOR: Is there anything pallightive about it?

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

the way there and you have got to get rid of it.

One way of preventing overdependency is to continue to get that person in a responsible position.

Responsibility means you are taking part in this too.

MR. MAJOR: And sharing in the cost is taking 6 part in it?

DR. CHALKE: It is symbollically taking part in

MR. MAJOR: It's the mental mechanism that must be -- if the patient is worth treating at all, this patient must have this mental mechanism to understand what payment means. Right?

DR. CHALKE: Yes.

MR. MAJOR: So it has a curative value?

DR. CHALKE: Yes.

MR. MAJOR: That kind of illogical logic. Now let's go down to another phase of this. Mental and emotional illness, of course, has a very very broad scope and I think you pointed out very well how the general practitioner handles it. Now would it seem reasonable then that all psychiatric services under insurance should only be paid for if the patient was professionally referred to the psychiatrist?

DR. CHALKE: We would certainly go along with

24 that.

MR. MAJOR: That is a reasonable principle?



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MR. MAJOH: And sharing in the cost is taking

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DR. CHAIKH: It is symbolically taking part in

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MR. MAJOR: It's the mental mechanism that must

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MR. MAJOR: That is a reasonable principle?



### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

DR. CHALKE: That is a reasonable principle, yes.

MR. MAJOR: Thank you. Now there is a statement

I wonder if you could enlarge upon for me, on page 6, paragraph d where it says: "It is recognized that the responsibility for further progress in the integration of the practice of psychiatry into general medicine does not rest solely with the

carriers of medical care in surance." I am interested in this.

What does this statement mean?

DR. CHALKE: This is the first sentence you read?

MR. MAJOR: Yes. It doesn't rest solely with the carriers of medical care insurance.

DR. CHALKE: Because we have said up above that this integration is taking place now and when we have been talking to various people, sometimes -- I don't want to say there are agencies, but people have said you can't expect the insurance companies to carry your ball for you. If you people want to get back into medicine, you have got to do the organization, make representations, make changes. You can't expect us to fight your battle and all we are saying is we don't want the insurance companies to stop this progress. We don't think they are responsible for encouraging it at all. It is up to us to encourage it.

MR. MAJOR: By the way Dr. Chalke, mental illness,

25 is it contagious in any way?



MR. MAJOR: Thank you. Now there is a statement

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

DR. CHALKE: Is it contagious?

MR. MAJOR: Yes.

DR. CHALKE: Some contagious diseases have mental illness complications. Encephalitis, neuro-syphillis are contagious diseases which lead to mental disorders.

MR. MAJOR: I am trying to understand the proposition that you must keep this person on a fee for service basis because it is good for the person, in relation to, say, the tubercular patient who is also in a T.B. hospital—I gather because this is a contagious disease. This may not be so but that is in my mind, and as far as I know the general practitioner puts a patient into a T.B. hospital and doesn't go to see that patient, although he could do so. Now I gather that, although you say there are no rules against it, the family physician going to see the patient in a mental hospital, he is deterred from doing so.

DR. CHALKE: He is not deterred by the hospital.

He is deterred by -- in fact, the hospital would fall over in delight if he came. He is deterred often by his own strenuous life and the 50, 60, mile distance to the hospital.

MR. MAJOR: Thank you. There is no reason why the psychiatric patient should be isolated?

DR. CHALKE: No.

MR. MAJOR: Then the old fashioned worry about

25 we don't want him loose in society is no longer ---



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# VERBATIM REPORTING TORONTO, ONTARIO

DR. CHALKE: No. There was nobody who was trying to treat this patient before. All they were trying to do is to give him custodial care. The doctor-patient relationship did not exist. This was just custodial care 75 years ago when it started.

MR. MAJOR: Along with the thinking of the 50 hours, seems a lot on the basis that the average is 8 to 10. why wouldn't we just double it? Say the doubling of this average is sufficient. You want the 50 hours for what reason?

DR. CHALKE: If I may draw a parallel, sir, the average for an appendectomy is \$75.00, or something. The brain 12 tumour operations are much rarer than an appendectomy and the fee is different. Now there is a small group of patients who need 50 hours but it would seem to us that that group of patients are in greatest need of insurance coverage because this is a pretty catastrophic thing, so that we felt we had to cover the small number where it is really necessary, if they are going to be adequately treated medically.

19 MR. MAJOR: How would we control that? Let me 20 give you an example of what is going through my mind. Let's take the businessman who is holding down a responsible job, 21 and I don't mean a man who is afraid of flying. I am practically 22 as bad as he is but I haven't got nerve enough to go to a 23 psychiatrist about it, but here is a manager or a supervisor and I am not talking theories doctor, I am talking facts, who 25



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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

requires treatment from a psychiatrist once a week to carry on his job.

Now in normal circumstances, in the principle of insurance, I don't think the insurance company would take very kindly to being a crutch. Either this man has gone up the ladder too far, or something is wrong. if he maintains that he has to have this treatment to carry on his job. How do we control this kind of thing in psychiatry and we have the problem at our table.

DR. CHALKE: I think that this would have to be controlled in certain specific cases by simple clarification but if I may take a parallel: Suppose somebody has pernicious anemia and has to go and have a shot of vitamin B-12 to stay on their job. You wouldn't say he shouldn't go and get his medical treatment and keep him at work?

MR. MAJOR: No. There is a great deal of difference, of course, between the cost of a shot of B-12 and psychiatric treatment.

DR. CHALKE: Right. Well I think that if it can be shown that this is not an illness, then I think we should not 20 be covered by a medical care insurance plan.

MR. MAJOR: Sort of like cosmetic surgery. If this has become a hobby, we should stop paying for it.

DR. CHALKE: Quite right.

MR. MAJOR: On page 13 you recommend limits to



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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

the equivalent of 50 hours. Why don't we turn this around and say that we will not pay for the first \$500.00 worth of psychotherapy. From there on we will pay. This would be an excellent deterrent wouldn't it rather than cutting the person off that needs it at 50 hours.

DR. CHALKE: This is a new deterrent approach to psychotherapy.

MR. MAJOR: I am thinking of that sort of illogical logic that we developed. By paying, you are going to get them often. You see what I mean? If you start charging them from the first day at \$20.00 an hour they will either stay crazy or pay the money until they have reached--
DR. CHALKE: Until they qualify for their insurance.

MR. MAJOR: These are the kind of things, Dr.

16 Chalke, that the insurance companies try to reconcile here.

DR. CHALKE: I would go along entirely with this if we apply it to the rest of medicine. If this is true there, it is equally true for the lady who goes in every day to get her back adjusted.

MR. MAJOR: Isn't there a little difference -a chap who has a broken leg. No amount of dollars is going to
change this trauma that he has suffered. His thinking process
is not equivalent to the fellow whose thinking process is I
need somebody to tell me how to think. This fellow knows how



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## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

to think. He is perfectly rational but has got a broken leg.

Now this is a different thinking process isn't it?

DR. CHALKE: What about the man who has the broken leg and continues to be unable to walk on it, and the Compensation Board says I think that this is because he is getting compensation from us and we would like him to have psychiatric treatment and there are lots of people referred with simple physical disabilities by the Compensation Board in order to get their psyche straightened out so they will use their broken leg again.

MR. MAJOR: You are a tough man to argue with. Let us come down to some cost figures. On page 17 we talk about 18,000 patients in 1961 for an average of 19 days for a total million and a half dollars. I am not quite sure of my decimal point but it looks to me as though it works out at \$4.50 per patient day.

DR. CHALKE: That is right. This was calculated on O.M.A. rates.

MR. MAJOR: Hospital visits.

DR. CHALKE: Hospital visits.

MR. MAJOR: Not psychiatric treatment.

DR. CHALKE: The treatment in hospital -- the 18,000 weren't all in psychiatric institutions treated by 24 psychiatrists. 13,000 were treated by general practitioners in general hospitals. Only 5,000 were psychiatric treatment. Some



. If maximus a complete the true in all selections are all the Alam for the filter of the lety. ocean lent the DR. CHALKE: What about the man who has the The transfer of an effect of and any of the contract of the co all the arms of a law of the law time and a second control of the Thir compensation lies a side and lies him be never Bearements of the control of the control of the comment of the comment of the control of the con off Discilland Commonweal of the file of the second of the second of order to get their psyche straightened out so they will use their broken leg again. MR. MAJOR: You are a tough man to argue with. Let us come down to some cost figures. On page 17 we talk is mod an a ball announce of 1301 de a mariog 190. At the re total million and a half dollars. I am not quite sure of my , , , , decimal point but it looks to me as though it works out at 138.1 \$4.50 per patient day. DR. CHALKE: That is right. This was calculated on O.M.A. rates. MR. MAJOR: Hospital visits. 0 The Cart of State of the Carte MR. MAJUR: Not psychiatric treatment. 1 DR. CHALKE: The treatment in hospital -- the 5 with the property of the prope

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were charged \$3.00 a day, the general practice rate.

MR. MAJOR: In other words there must be a different category of statistics used is this than what is used in insurance. If the general practitioner looked after psychiatric needs in a hospital and termed it some other term -- dermatitis, but actually it is psychiatry. This wouldn't fall into our statistics. Are we talking about this kind of thing.

DR. CHALKE: This is Ontario Hospital Service figures, O.H.S.C. On their discharge they had diagnosis, a psychiatric diagnosis on 18,000.

MR. MAJOR: This covers all hospitals in their jurisdiction in Ontario.

DR. CHALKE: 0.H.S.C. figures include 5,000 treated in psychiatric units of general hospitals.

MR. MAJOR: That covers \$4.00. Now, on page
21 the average income of about \$20,000 for each psychiatrist.
This is gross income we are talking about?

DR. CHALKE: It would be, yes.

MR. MAJOR: Approximately 30% to 40% for business expenses, is it as high as that?

DR. CHALKE: It isn't as high.

MR. MAJOR: Psychiatrists, possibly 30%.

DR. CHALKE: I think approximately 30.

MR. MAJOR: So out of \$20,000. after 12 years of



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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

academic brow-beating he only ends up with \$14,000.

DR. CHALKE: I would hate to tell you, sir, what most of the psychiatrists are getting working for most of the people of Ontario. If you look at the Civil Service rates they are far less than that.

MR. MAJOR: Somebody asked a question as to

whether or not the psychiatric field wasn't attractive because

they weren't paid enough. I would suggest this may be very

important. On the other hand at \$12,000,000. with 300

psychiatrists this gives us something like \$40,000. worth of

psychiatry.

DR. CHALKE: That is why we said we feel
insurance funds will be fairly well protected because it will
take us a long time to be able to utilize them.

MR. MAJOR: Have you any statistics of what psychiatrists earn in private practice, a man exclusively in private practice, doing work directly in private practice.

DR. CHALKE: I know what some psychiatrists are making. I don't think any of us have an average except what we would get from the income tax statistics.

MR. MAJOR: Are you acquainted with a study
made by the Canadian Medical Association Journal approximately
1959. I am not sure of the month. It might have been May,
where it set forth the average psychiatric practice in a
2,000 hour year of rendering approximately 4200 to 4300 services



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that amount.

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in that year -- does this study come back to your mind? That study set forth something like 450 consultations a year and over 2,000 psychiatric treatments and so on. It also includes a certain number of hospital calls, office calls of routine basis. It was estimated on cost per service in psychiatry along this type of field would bring somewhere from 7 \$9.00 to \$10.00 a treatment and this would bring approximately 8 \$40,000, a year income for the psychiatrist in private practice. DR. CHALKE: There are psychiatrists who are making this. They are few and exceptional because you also have to consider, sir, that most of these psychiatrists are on the staffs of general hospitals. They must have public 13 service. That takes you two mornings a week. You may have to give lecture classes. You may have to sit on two hospital Committees. It is a very exceptional psychiatrist who is earning eight in the morning to six at night. You could almost count those in Ontario on your hands. It is possible, as it is possible for the surgeon or the radiologist who works

MR. MAJOR: How many patients could a psychiatrist reasonably handle a day? Are there any statistics on this? It seems to me and I am not sure in which organizations presentation to the Royal Commission, but in the back of my mind it keeps going around that generally speaking a psychiatrist

only in this way, and only on the type of service to make about



funding their of these error in a trips sund an time forth of the are a smooth advance inches the first termor areas are about the onic ti and the best at a second of the one of the cian to affect the section of the section it routine basis. It was estimated on cost per service in and chadwards in the Linear plant to the affil public guiding rac THE CONTROL OF THE COMPANY OF THE CONTROL OF THE LOTTER AND THE PARTY OF THE PARTY . എന്ന ഈ കാട്യം വരുന്നും വിദ്യാത്യം കുറിയും വരുന്നു അതു ക്രിയാരുന്നും DR. CHALKE: There are psychiatrists who are 0 cais not expression to the control was an early tall in the ome scatterings so we are to be used don't enter property, or one, 183 files or a contract of the second second and the second second in The court is the second of the fortgroud ont no the of eventual and expenses and out out with al ode this wife in it come give that it consists object aftern on the man and an entrance of the contract of plinings are sold tropy no carrier of conducting to ger a la possible for the large of the religionship who leave Mode than I cally to the second of the color of the first of the fill that amount. MR. MAJOR: How many patients could a psychiatrist THE RESIDENCE OF THE PROPERTY OF A STATE OF THE PARTY OF

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had to earn a fairly large fee per treatment because they could only handle eight or nine cases a day.

DR. CHALKE: That is psychoanalysts we were talking about who could handle eight or nine, but it is the same eight or nine day in and day out. In general a man working half time in his office in the evening, generally, has to allow an hour per patient because it takes an hour to have a proper consultation and report back to the referring physician. Psychotherapy is generally based on one-half hour or hour schedules. These psyches have a schedule that is set up that You have to give a patient a fixed amount of time because it is a continuing process. In an afternoon a psychiatrist might see one consultation and two patients an hour psychotherapy and three patients he was checking on, checking on their progress, how they were getting along and giving them some advice as to what to do next. This might be an afternoon practice for a psychiatrist.

MR. MAJOR: This must be a very busy and wearing mentally job for the psychiatrist. I would say it is hard work in quotes. He couldn't really do a job and handle more patients than seven or eight a day.

DR. CHALKE: Most practitioners do a lot more than this. Lots of psychiatrists, people working in Ontario work many more hours than this at things related to their profession, their teaching activities, committee work,



income case a "aprily law e fire or treatment becase they build to any handle eight or nine cases a day.

DR, CHALKE: That is psychoanalysts we were end at the two sector of the classic of the contract of of some dight of time do, In and Low In temeral a min working half time in his office in the evening, generally, has to a seed of much makes the course to the and low to make a modeling of the control of the referring payers of the referring payers of the and an another the so wash willease it for a today a je ion openies, West of the same a summer is that is set up that apurous four transfer that the street training of the section it is a continuing process. In an afternoon a psychiatrist -wingsg much all amended to a bit result improped to a trigon therapy and three patients he was checking on, checking on and in increased, is a to as every getting clong and giving their 2 con structure at to dail to their raids to an aftermoor practice for a psychiatrist.

mR. MAJOR: This must be a very busy and wearing mentally job for the psychlatrist. I would say it is hard work in quotes. He couldn't really do a job and handle more patients than seven or eight a day.

DR. CHAIKE: Most practitioners do a lot more

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

Association work, their meetings, reading keeping up with Journals. To handle psychotherapy more than seven hours a day is a very exhausting procedure.

THE CHAIRMAN: Mr. Major, may I have some help in understanding this point. I am not sure I understand what you are driving at by all these questions.

MR. MAJOR: I am driving at the point that under present circumstances and with the event of gradual pulling back into private practice that \$12,000. a year is not sufficient money.

THE CHAIRMAN: That is their claim and it isn't our case here to argue it with them. I think it is up to us to try to find that out. Have you any further questions?

DR. CHALKE: May I point out, Mr. Chairman, in regard to that amount, the patient, every patient is being analyzed and is not in psychotherapy for an hour a day. You have acute patients in the Ontario Hospital. You don't see them all for an hour a day with psychiatrists at all. Treatment there is very often medication. It is nursing care. It is occupational therapy and the psychiatrist is attending them as he would attend a case of diabetis in a hospital. He doesn't do an hour psychotherapy with all the patients that are under his care.

THE CHAIRMAN: Any further questions?

DR. GALLOWAY: The thing I would like to have



and grant point or condition related park countries THE REAL CONTROL TO SEE THE METERS IN THE REAL PROPERTY OF THE the control of the state of the control of the THE CHATHMAN; Mr. Major, may I have some help In moderate the same not not to the said the constitution. 6 you are driving at by all these questions, MR. MAJUR: I am driving at the point that under grade to a compagnite them or the body of the compagnitude deciding the letters are all the compact of the control of t THE CHAIRMAN: That is their claim and it isn't our case here to argue it with them. I think it is up to us 1 3 to try to find that out. Have you any further questions? DR. CHAIKE: May I point out, Mr. Chairman, 1 30 the science of the contraction of the common terms of the contraction AFTERNACT OF THE PROPERTY OF T 178 have acute patients in the Ontario Hospital. You don't see . 4 and the first of the section of the 1. 1 F. . Style (decended ) . Alice of Manager of the expense 101

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THE CHAIRMAN: Any further questions?

DR. GALLOWAY: The thing I would like to have



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# VERBATIM REPORTING TORONTO, ONTARIO

clarified once more, you stated something I don't really think you meant, that you would be happy to be paid only for those cases that were professionally referred. I am thinking of the group of people, if not a large group, they are people with acute emotional disturbances, people brought under your care either through the Courts or through the Police and surely these should be the responsibility of the insuring agency even though they haven't been referred.

DR. CHALKE: Initially they should be seen. Graham might have the complete answer for this from the forensid point of view, but if somebody is in a police station and the police surgeon says take that man off to a psychiatrist and they take them to the emergency department of the Hamilton General Hospital and a resident physician sees the psychiatric emergency -- in other words they don't always need the psychiatrist. It is the first physician to see someone in an acute psychiatric stage. I think the same problem will arise if you are talking about psychiatric emergencies what is going to happen to the person who is run down in the street and the orthopedic surgeon is the first man to see him. He has a broken and the orthopedic surgeon is the first person to see him. The referral idea is complicated.

THE CHAIRMAN: Any further questions? 24 have any further statements?

> I don't think so. DR. CHALKE:



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THE CHAIRMAN: Any further questions? Do you

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DR. CHALKE: I don't think so.



## VERBATIM REPORTING SERVICE TORONTO, ONTARIO

THE CHAIRMAN: It has been very helpful. Is anyone here for the Nursing Homes.

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# BRIEF OF ASSOCIATED NURSING HOMES INCORPORATED

## ONTARIO

Appearances: Mr. James E. Fisher, Rev. E. Gill. Mr. George Newbolt,

Mrs. Gladys Lauchin.

THE CHAIRMAN: From what I observed I gather you have had an opportunity to read the general statement. Would the spokesman for your delegation please identify himself, and if you wish introduce other members of the panel.

REVEREND GILL: It is my privilege to speak for the delegation. My name is E. Gill, General Secretary of the This gentleman on my right is Mr. James Fisher Association. the President of the Association and on my left the Vice-President, Mr. George Newbolt, and Mrs. Gladys Lauchin. What is your position? Gladys has been with us in this Association from its beginning in 1959.

THE CHAIRMAN: I am sorry we didn't get the lady's last name.

REVEREND GILL: Lauchin, L-a-u-c-h-i-n.

THE CHAIRMAN: Do you wish to proceed then, sir?

REVEREND GILL: Yes, sir. We consider it a

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#### ONTARIO

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### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

privilege to be here today.

THE CHAIRMAN: May I interrupt you. Unless you feel more comfortable please feel free to remain seated.

REVEREND GILL: Thank you very much. We are happy to have this privilege of discussing these matters with you gentlemen and the ladies today because we as administrators of nursing homes across the Province of Ontario have the health care of several thousand aged people in our care. We are very conscious of the arrangements that are made and the loopholes that there are in the health care of the aged. Many of these aged are indigent, but many are hard working people during their lives and with the changing economic situation from year to year they find that their savings are indadequate to meet the demands upon them. They find it very difficult, many of them to pay very reasonable charges for nursing home care that they are asked to pay. Some, as I have said have savings, and so on, but these are inadequate to meet these charges. They are loathe to become charges upon the municipality from which they come, so here are various problems we are faced with.

We feel the Government has to be commended, as set forth in our submission to you, the Government has to be commended for its concern for the health care of the people of Ontario and the health care of the aged is a particular responsibility for these people have rendered very great service



privilege to be here today.

THE CHAIRNAM: May I interrupt you, Unless you LUST TEMPORES OF SHORE SHOULD IN SUMBLING THE SHOPE REVEREND GILL: Thank you very much, We are happy son to we refer on as the second to we take the wife govern 90 mon ada 185 ha 22 1 W . - 600 70 - 301 1 03 51 5 . . . . . . . . . eta 161 indictive elimination en injury en kommer a revisit jour 8 care of several thousand aged people in our care, We are The wind bear and help as measure and to however the first in the last the commence of the commence of the same comment The end of the second of the s THE DESCRIPTION OF THE PROPERTY OF THE WORLD AND A STREET SECTION AND A SECTION ASSESSMENT OF THE SECTION ASSESSMENT OF TH I THE TEN THE REST OF THE SECTION OF The first way to be a selected and the selection of the s SADA BARRAN 60 SHI SHI SHI SHI SHI SHI BAY 185 6 WIN SHI SHI MARK care that they are asked to pay. Some, as I have said have savings, and so on, but these are inadequate to meet these AFTER A PERMIT WITH A THE REST OF MADE AND ADMINISTRATION OF THE SECOND AND ADMINISTRATION OF THE PARTY OF TH ity from which they come, so here are various problems we are faced with.

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

to the Province or to the Country and at the end are unable to manage for themselves as well as they had hoped and expected to be able to do. We feel that the legislation which set up the Ontario Hospital Service Commission some five years ago was a very commendable piece of legislation and has greatly served the population as a whole. We feel with the mechanics of the present legislation there is very little promise that it will meet the needs of the population as a whole anything near as well as Hospital Services Commission does, which is pretty close to 100% coverage, I think of late.

We feel that, of course, the financial basis
for this insurance is somewhat disappointing. We feel that
Saskatchewan with 100% coverage is a very much happier
arrangement than Alberta with a very small percentage, but this
isn't our primary concern. We feel that there are those far
better able than we to discuss the financing of it. Our
concern is for the inadequate coverage that is likely to occur
not only from the point of view of not enough people being
protected health-wise by the plan that is being considered,
but that the plan itself is not wide enough. It is another
piece of piece-meal legislation. Now, it may be that members
of this Enquiry will feel these are not appropriate remarks,
but we feel they need to be made somewhere, sir.

Dental care is just as essential to good health as the care of a physician or a surgeon and it is just as

#### VILLATIM C PORTING SERVICE TORONTO, ONTARIO



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# VERBATIM REPORTING TORONTO, ONTARIO

universal a care, a need as the care of the physician. nursing homes we have people from 50 to 100 years of age gumming their way unhappily to an earlier death than would otherwise be necessary because they are unable to afford or their families are unable to afford or the Municipality refuses to afford the dental care that they desperately need. This isn't just true of aged people who suffer so significantly in this respect. We know young people also whose mouth health is very much less than it should be because dental care is beyond 10 their means and the means of their parents to provide for them. We have in our homes elderly people as I say, from 50 years of age and up, who would be singularly benefited by physiotherapy or physical therapy as it is called in your Act, but it is expensive and so this kind of care is not received because Municipalities will not pay for it. The individual has no money. The family has no money. The doctors who care for him generally say well, it would certainly benefit him but who is going to give up food and things that are necessary. We feel, sir, that this legislation would serve the people of Ontario manifestly better if it was broader in its application than just to physician and surgeon services.

We feel also that nursing services in nursing homes should be provided in many cases under some such financial arrangement as this, as nursing services are provided by Ontario Hospital Services Insurance in the hospitals, but not in



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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

nursing homes, but we do go along with this Act in the belief that the nursing services should be included in the responsibility for the Hospital Services Commission rather than in this type of legislation until such time, if the time ever comes, sir, when all the health legislation of the Province is under one package, it is properly and thoroughly integrated and administered and then the emergent problems with regard to health, no matter what they are, will be handled from one source and paid for in some one manner. We will be pleased to answer to the best of our ability the question that the members of this Enquiry will ask of us. Some of us operate nursing homes that are partially or completely approved for payment under the Hospital Services Commission. Others operate homes in areas which have no need of nursing homes to be approved in that there are sufficient chronic beds in general hospitals or chronic hospitals to meet the needs of those communities.

THE CHAIRMAN: Thank you. Do you have some questions Mrs. Aylen.

MRS. AYLEN: How many homes would be in your Association.

REVEREND GILL: Approximately 100.

MRS. AYLEN: They are all registered, I would

24 imagine.

REVEREND GILL: Licenced.



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questions Mrs. Aylen.

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REVEREND GILL: Approximately 100.

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REVEREND GILL: Licenced.



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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

MRS. AYLEN: Licenced.

REVEREND GILL: Yes, licenced.

MRS. AYLEN: Are some of these religious institutions or community institutions.

REVEREND GILL: I don't think we have any member homes that are distinctly religious in that they are owned and operated by religious organizations. My own is a home where religion is fairly prominent, but still it is a privately owned institution and not owned by any church.

MRS. AYLEN: What would be the average number of beds in these homes?

REVEREND GILL: We think that the average would be about 20 beds per home.

MRS. AYLEN: That would be anywhere from ten up?

REVEREND GILL: From 5 to 50 or 60. I think 60,

MRS. AYLEN: I was interested reading the brief at number 3 on page 1:

"The Medical Services Insurance Act as presented by the Government, and in its present form, is, apparently an attempt to recognize a presumed need of the population of Ontario. There is no evidence that this need is general throughout the Province."

I was very much surprised to read that. Would all your patients



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MRS, AYLEM: Are some of these religious

institutions or community institutions.

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

be given adequate medical care.

REVEREND GILL: I would say yes. I don't know of any case where a well run nursing home doesn't see a patient gets adequate medical care.

MRS. AYLEN: Who pays for that.

REVEREND GILL: There would be a number of different sources. The patient in many cases pays for his or her own family, and then the Municipality--- no, where the Municipality pays for the patient's care or a proportion of it the patient usually carries what is called a Medical Welfare card providing for the medical welfare plan of the Province of Ontario.

MRS. AYLEN: That is a subsidized service.

REVEREND GILL: Yes, quite so.

MRS. AYLEN: Going down that page you state that people getting medical care -- before this and so on, indigents and the aged.

How would you classify them?

Would this be run by the Welfare Department related to the service.

REVEREND GILL: Almost, I should think.



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adequate medical care.

MRS. AYLEN: Who pays for that.

REVEREND GILL: There would be a number of

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MRS, AYLEM: That is a subsidized service.

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MRS. AYLEM: Going down that page you state that

people getting medical care -- before this and

so on, indigents and the aged.

How would you classify them?

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ARVEREMD GILL: Almost, I should think.



# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

MRS. AYLEN: It would not be classified as nursing homes?

REVEREND GILL: No.

MRS. AYLEN: Then you also say -- the pages aren't numbered, but I numbered them myself, so number 3, under item 7 you say that it is difficult to understand how the Medical Service Insurance Act offers any more protection to residents of Ontario than the protection already available through insurance companies. Do you find that most of these people who are in your homes are covered through insurance? Are they eligible for insurance?

REVEREND GILL: Not most of our homes. That statement here is that most of the residents of Ontario would find that there is insurance available to them at the present time.

MRS. AYLEN: I thought you were dealing with people in your homes.

REVEREND GILL: No. Our feeling is that they need dental care and physiotherapy and many of them need assistance with the payment of nursing care services.

MRS. AYLEN: Is there any voluntary contribution to any of these homes? No organization that will come in and help in any of this occupational therapy or any other things?

REVEREND GILL: Very slight -- to a very slight degree. This year we have had the beginning of assistance in



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our own home from the Alexander Hospital Auxilliary. You can speak on this do you not think Mr. Fisher.

MR. FISHER: Because we are a private enterprise we are expected, naturally, to pay for any service received and we find this is a little costly for us to provide for people who are unable to pay for them; for us to provide.

MRS. AYLEN: Then you say that this Bill does not provide for nursing care, operating nursing care. Don't you have to give nursing care? Isn't that part of the treatment?

REVEREND GILL: That is true. It is also true in the case of the hospital. The Commission guarantees them \$20.00, \$30.00 a day to cover all these things.

MRS. AYLEN: If your homes are under the O.H.S.C. they must provide nursing care.

REVEREND GILL: We do have to provide nursing care, of course.

MRS. AYLEN: That is covered by the O.H.S.C. REVEREND GILL: About \$6.00 a day.

MR. FISHER: We receive a rate of \$6.50 per day.

If I might just enlarge a little on the therapy end of it.

Therapy treatments are not covered in nursing homes; covered
by the Ontario Hospital Services Commission and this is just
why I would mention this: When Mr. Gill states that nursing
care be paid for, this is one of the types of nursing care that
he is relating to.

25 he is relating to.



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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

relatively small proportion.

REVEREND GILL: It should be mentioned, Mrs.

Aylen, that of the 384 licenced nursing homes in Ontario, only about 50 have a part of their -- only some of their beds approved for payment from the Commission so that this is a

MRS. AYLEN: Yes, I quite understand that.

Thank you Mr. Chairman, I think that is all I have to ask.

THE CHAIRMAN: Why is it that the other ones are not approved?

REVEREND GILL: Because in their communities sir the Commission considers there are enough publicly provided chronic care beds in the general hospital, or a chronic care hospital. It has no reference to the quality of the nursing homes in the community.

THE CHAIRMAN: Mr. Caswell?

MR. CASWELL: There is very little I want to ask except one question for clarification. I am under the impression that nursing homes in the Province of Ontario are operated largely as a private enterprise?

REVEREND GILL: Yes.

MR. CASWELL: And I assume that they are operated as a profit enterprise. They are operated as any other business, to make a profit. Therefore, I do not see why they are charitable or anything, a profit-making business.

REVEREND GILL: That is the effort sir.



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25 ... REVEREND GILL: That is the effort sir.



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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

MR. CASWELL: Your brief is quite clear, as far as I am concerned. You are suggesting a more comprehensive Bill than the medical plan which has been presented. I do not see any question to ask on that. We have had several 5 briefs submitted to us that suggested that there should be a more comprehensive plan, and as far as I am concerned, speaking personally, certainly your brief deserves some consideration on merit, and the fact that you are interested in other services but it seems to me to be a brief presented by a profit business enterprise.

REVEREND GILL: Yes.

MR. CASWELL: I think it is quite clear that all you are asking for is the plan to be more liberal and more generous.

MR. FISHER: That is right.

THE CHAIRMAN: Dr. Hamilton?

DR. HAMILTON: Thank you. Mr. Gill there is one statement in paragraph 7 I am not quite sure I understand what it means. There is reason to believe that people who now own insurance of this nature would not be reached by the provisions of the Medical Services Insurance Act. What people would not be reached?

REVEREND GILL: The people who did the research and prepared the brief, or the Submission felt that the people who are not now buying insurance were not likely to buy



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	MR. FISHER: That is right.	
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# VERBATIM REPORTING TORONTO, ONTARIO

insurance because the Government said you should. That there would not be a large extension of the insurance coverage in the Province because the Government encourages people, unless this encouragement took a monetary form far larger than had been likely at the present time.

MR. NAYLOR: You mentioned the Ontario Hospital Plan had been very successful and covers almost 100%. It is not compulsory except for groups of 15 or more. The others have to buy it voluntarily. I think that it has been successful.

REVEREND GILL: You have mentioned sir a compulsory aspect. A lot of people are included in this 15 or more, an awful lot of people. Then the monetary aspect covers the rest. \$2.10 a month for an individual, or \$4.10 a month for a family is a very small cost by comparison with 16 the anticipated cost of this plan which provides, as we suggest, too narrow a group of services.

MR. MAJOR: What you are suggesting sir is that if the Government subsidizes everybody in the Province this might be a success.

REVEREND GILL: Yes, that is correct.

THE CHAIRMAN: We should follow our regular procedure here. Dr. Hamilton do you have any other questions 24 you wish to ask?

DR. HAMILTON: I have no further questions.



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REVEREND GILL: You have mentioned sir a

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too narrow a group of services.

MR. MAJOR: What you are suggesting sir is that

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THE CHAIRMAN: We should rollow our regular

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DR. HAMILTON: I have no further questions,



# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

THE CHAIRMAN: Mr. Major?

MR. MAJOR: I have one question Reverend Gill I wonder if you could help me with. We have had several organizations intimate to us that there is quite a difference between the means test for food and shelter and a means test for medical care. This difference is very peculiar and particular. Everybody has agreed so far that has appeared before us on this question that a means test for medical care is degrading. It lowers the dignity. There is a tremendous loss of pride to the individual concerned. They do not maintain this degredation and lowering of dignity when the means test is applied to food and shelter. Can you help us with this particular question?

own experience as a Minister, a pastor I know that people who are hungry suffer a very great loss of pride. People who are in really desperate circumstances will accept help but the need for dental care or medical care has to become very acute before they will admit that they are unable to meet it themselves and it won't get that acute so as to have them go in and apply for Government assistance in getting health insurance. This is the opinion of our group.

MR. MAJOR: That is the best explanation we have had sir. In other words, a sore stomach that is full takes a great deal more motivation to degrade itself than a sore



#### THE CHAIRMAN: Mr. Major?

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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

stomach that is empty?

REVEREND GILL: That is correct sir.

MR. MAJOR: Now on page 3, just for clarification, in paragraph 6 you are not intimating, of course, that the Saskatchewan Medical Care Plan covered all nurses and dentists, and so on and so forth?

REVEREND GILL: I don't think so sir.

MR. MAJOR: It only covers medical care. In fact, it does not cover all medical care. Is that correct?

Are you correct in this \$12.00 per family per year? I don't know whether you are correct that that is what is being charged.

MR. NAYLOR: That is not what it is, because there is a large subsidy from taxes in addition going into the cost of the plan.

REVEREND GILL: I would think that this is a very large factor in the popularity of the plan, when it reaches so many people.

mr. MAJOR: Its popularity is based on the fact everybody must belong. I don't know what the penalty is if you don't join but everybody must belong but the point I want to bring forth is, I don't want any confusion between your Submission and this Enquiry that Saskatchewan have a comprehensive Health Service. They don't even have a full medical care service. That is physician's care service, and get away from that medical. People think that covers everything. It doesn't



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have full physician care service. That is the point I want to bring out.

REVEREND GILL: I wish that I were as familiar with the situation in Alberta and in Saskatchewan and in England as some of you I am sure are.

MR. CASWELL: Mr. Chairman, it should be pointed out that the grant to the Saskatchewan Medical Care is not from taxes. It is from the oil subsidy. There is a very substantial grant being made from the oil subsidy the Government collects to the medical care. Saskatchewan ran into trouble. This is the way they are pacifying the Government.

MR. MAJOR: This is a fine application of a practical basis of the economic theory of rent.

THE CHAIRMAN: Does that complete your questioning?

MR. MAJOR: That completes my questioning.

THE CHAIRMAN: Mr. Simon?

MR. SIMON: My question has been partially answered. I was concerned with the contradiction in the few statements, in 3 and in 9. 3 said there is no need for such care and in 9 they spell out the kind of plan they suggest they could have. I think it has been quite well answered.

THE CHAIRMAN: Mr. Naylor?

MR. NAYLOR: I want to make one or two comments.

They are not exactly questions but I believe there is some

inaccuracy in one paragraph of the brief and also in perhaps



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MR. CASWELL: Mr. Chairman, it should be pointed and automit the listber a condent a said of decre said out two his pail of above that a significant of the paint of the paint of the context of the properties that were the colour than the area work press will deep to ble medical care. Subjected a ran 1 to everyble. Thus is the way they are pacifying the Government. 9 1

MR. MAJOR: This is a fine application of a

practical basis of the economic theory of rent.

THE CHAIRMAN: Does that complete your questioning? MR. MAJOR: That completes my questioning.

THE CHAIRMAN: Mr. Stmon?

MR. SIMON: My question has been partially and the man and the the concerns the task the concerns the task the oure and to a bigg specifical till the little the surrect they coul wars, I think it has then the mell another.

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MR. MAYLOR: I want to make one or two comments. smon at creat evening I and kertuchep in 63: on brand I

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an impression you may have created by one statement you made. I am referring to paragraph 5. You mention the premiums for the Province of Alberta \$162.00 per family per year. That is not correct. The maximum premium for a family of three or more in Alberta is \$159.00. The maximum premium for a family of two is \$126.00 and I want to emphasize those are maximum premiums. Quite a substantial number of policies are sold at less than those maximum premiums. For example, M.S.I., which is comparable to P.S.I. in Ontario, sells a policy to anybody at the same rate, regardless of age and their rate for a family of three or two is well below the maximum figures I have mentioned.

Then you suggest that the Alberta plan has not been successful in that only one of five, eligible for Government subsidy, has actually taken insurance. I don't know where that information came from but the information I have is quite different. There is a statement made by the Minister of Health, Mr. Ross, which was in the Alberta Press giving the results after the first three months initial enrolment period and he states in this statement that about one million one hundred thousand Albertans, almost 80% of the Province, one million four hundred thousand population, have some form of prepaid medical care insurance. Now this total includes one hundred and fifty thousand persons under policies on which the Government provides a premium subsidy and that is more than

# VERBATIM REPORTING LETTERS TORONTO, ONTARIO



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10% of the population so that is considerably more than one in five.

REVEREND GILL: It would seem so.

MR. NAYLOR: That is all.

DR. BUTT: I just really have one comment. Under this scheme that you seem to wish it extended to, do you really feel that any Government would allow the nursing homes to continue as they do now? They would have control. They are certainly going to put them into a chronic wing of a hospital and let it go at that.

REVEREND GILL: I am afraid I did not get the point of your question.

DR. BUTT: The point simply means that you are proposing an all-inclusive scheme run by the Government. Do you feel then that they are going to allow small individual enterprises in this field to continue?

REVEREND GILL: I don't see why not.

DR. BUTT: All right, thank you.

MRS. MCARTHUR: Mr. Chairman, might I ask the delegation who is the licencing authority and perhaps I should know this: To what extent are standards set up and required to be maintained in order to be licenced and is it a yearly licence?

REVEREND GILL: Yes, it is a yearly licence.

25 It must be renewed by the first or second day of January each



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MR. MAYLOR: That is all.

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12 point of your question.

DR. BUTT: The point simply means that you are separated in this field to continue?

REVEREND GILL: I don't see why not.

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MRS. MCARTHUR: Mr. Chairman, might I ask the

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REVEREND GILL: Yes, it is a yearly licence.

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# VERBATIM REPORTING SERVICE TORONTO, ONTARIO

year or it is considered to have lapsed and Welfare payments will not be payable in January or thereafter. The licencing authority is local. That is to say Municipal. The Government of Ontario has set up the model bylaw for municipalities to pass and administer including licencing of all nursing homes within the boundaries of those municipalities. Municipalities must do the inspection, sanitary, fire, safety, and so on, and issue the licence.

MR. SIMON: One more question. Who provides medical care for most of your patients? I understand the hospital insurance pays for their bed; some of them. What about doctor bills, who pays for that? Do they carry insurance through private carriers or are they self-sustaining or what, in some of these homes?

REVEREND GILL: In most cases they are self-sustaining. I would say not any instance, in our own 30 bed nursing home, is there any insurance paid. I don't know whether that is applicable in the other homes represented here today or not. Do you have any insured people?

MR. FISHER: In fourteen years in business, with 45 patients I would say that there would not be over 2% that would carry insurance of any kind, as far as medical insurance fin my establishment.

THE CHAIRMAN: Was the question who does pay

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MR. SIMON: One more question. Who provides
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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

MR. SIMON: Who paid for the medical service?

MR. FISHER: Windsor Medical, or any other medical service.

MR. SIMON: Somebody has to pay the premiums for these people. Who pays the premiums for them. Themselves?

MR. FISHER: Themselves.

MR. NEWBOLT: I think in most cases nursing home administrators will have very little contact between the patient and the doctor. The doctor and the patient conduct their own financial arrangements between themselves. We are not petitioning here in order to get anything for ourselves as administrators in a monetary way. This is primarily concerned with the, shall we use the word loophole coverage for certain classes of our citizens, medical, dental care, physiotherapy and that sort of thing.

MR. SIMON: Do you find that your patients are adequately taken care of medically, as far as they are concerned?

MR. NEWBOLT: It is quite conceivable we would not know how they are taken care of.

THE CHAIRMAN: Maybe we could clear this up if you would answer another question. Your patients are not indigents. They pay their own way. You give them a service. You charge a fee for their expenses at your home, either the patient himself or his family. Somebody has to pay for his

being at the home. Likewise, if he or she is to receive medical



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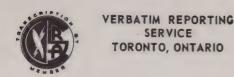
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attention, somebody has to arrange for payment of that and that is not the responsibility of the home.

REVEREND GILL: That is correct. It would not be true to say they are not indigent in the technical sense. In many cases -- referring to my own 25 patients at the present time, 12 of them are indigents. That is to say the nursing home is paid approximately \$100.00 a month for their care and they take care of the other \$50.00 or \$60.00 a month themselves out of their pension. They are indigents to this degree sir and in our case, and in most cases I would say the nursing home operator checks with the doctor to see that he has been paid. We consider it our duty to see that they get proper medical care. We do not pay the doctor except in a very few I have in some cases paid the doctor because I realized that he was not paid from any other source so I paid but ordinarily we can arrange it through the Medical Welfare Plan. If the patient has no funds of his own, he is eligible for medical coverage, Welfare Plan coverage in the Province of Ontario so it is not really a problem within our homes except in a very few cases.

THE CHAIRMAN: Any further questions? Do you have any further comments or statements you would care to make?

REVEREND GILL: No. It has been a pleasure to

be here sir.



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#### VERBATIM REPORTING SERVICE TORONTO, ONTARIO

THE CHAIRMAN: Thank you.

---adjourned until 10:00 a.m. Wednesday morning January 8th 1964.

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THE CHAIRMAN: Thank you. 3 --- adjourned until 10:00 a.m. Wednesday morning January 8th to 1964, to may they also not charged to the technical const. A 1 6 0 or ii 121 13 141 151 16 81 191 20

